

Circle Jingle Bell Rock

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 1 级数: Ultra Beginner - Circle
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音乐: Jingle Bell Rock



[1-8] Vine Step Touch, Touch, Touch, Touch, Together

1 2 RF Step R, LF Step behind
3 4 RF Step R, LF Touch together
5 6 LF Touch L, LF Touch together
7 8 LF Touch L, LF Step together

[9-16] K-Step

1 2 RF Step diagonal forward R, LF Touch together
3 4 LF Step diagonal backward L, RF Touch together
5 6 RF Step diagonal backward R, LF Touch together
7 8 LF Step diagonal forward L, RF Touch together

[17-24] 1/8 Step, 1/8 Together X 4

1 2 RF 1/8 Turn L Step R, LF 1/8 Turn L Step together
3 4 RF 1/8 Turn L Step R, LF 1/8 Turn L Step together
5 6 RF 1/8 Turn L Step R, LF 1/8 Turn L Step together
7 8 RF 1/8 Turn L Step R, LF 1/8 Turn L Step together

* contra circle : Hold each other's elbows and move together

[25-32] Shimmy & Twist (Forward & Backward)

1234 RF Step forward with Shimmy & Twist BF heels R, L, R, L
5678 BF Shimmy & Twist heels R, L, R, L with LF weight

[TAG] After 7th

[1-8] Vine Step Touch (R&L)

1234 RF Step R, LF Step behind, RF Step R, LF Touch together
5678 LF Step L, RF Step behind, LF Step L, RF Touch together

[9-16] Shimmy & Twist (Forward & Backward)

1234 RF Step forward with Shimmy & Twist BF heels R, L, R, L
5678 BF Shimmy & Twist heels R, L, R, L with LF weight

Last Update - 19 Dec. 2023 - R1