拍数： 88
墥数： 2
级数：Phrased Advanced
编舞者：Johnny Martinez（USA）－December 2023
音乐：Super Bass（clean）－Nicki Minaj

Sequence：$A, A, A,(A-), B, B, A, A,(A+), B, B, C, C, B, B$
A： 24 counts
B： 32 counts
C： 32 counts
（A－）：first 8 counts of $A$
（A＋）：first 16 counts of $A$ ．
Intro： 8 counts／ 8 seconds／weight on left
Phrase A－（24 counts）
A［1－8］Touch R，touch L，touch $R$ and twist，$R$ ball，L step，pivot R 1／2 turn，Step L，R 1／2 turn hitch R knee． 1\＆2\＆Touch $R$ toe forward on 1，bring back on \＆touch $L$ toe forward on 2，bring back on \＆ 3\＆4 Touch $R$ toe on 3 ，twist on $\&$ ，then back to touch position on 4 leaving the $R$ toe out．
\＆5－6 From $R$ toe touch，bring back to ball of $R$ foot on \＆step $L$ foot forward on 5，pivot on both feet $1 / 2$ turn over $R$ shoulder on 6 ．
7－8 Step $L$ foot forward on 7 ，weight shift to $L$ foot with simultaneous $1 / 2 R$ turn hitch $R$ knee up on 8.

A［9－16］$R$ coaster step，$L$ shuffle step，step $R$ ，roll hips $R$ ，then roll hips $L$ ．
$1 \& 2 \quad$ From $R$ foot hitch position，$R$ foot drops to coaster step（right left right）
$3 \& 4 \quad$ Shuffle step forward starting on your $L$（left right left）
5－6 Step R while simultaneously rolling hips to the L，counter clockwise around and back to center for 5－6．
7－8 Roll hips to the R clockwise and back to center for 7－8．

A［17－24］Grapevine to the $R, 1 / 2$ turn $R$ shoulder，shuffle $R, R$ sailor step．
1－2－3 Grapevine to the right
$4 \quad$ Pivot on $R$ foot for half turn stop on $L$ foot．
5\＆6 Shuffle to the right（right left right）
7\＆8
Sailor step to the right back to center

Phrase B－（32 counts）
$B[1-8]$ Weight on $L$ ，shuffle forward on $R$ ，rock forward on $L$ ，recover， $1 / 2$ turn over $L$ ，cont another $1 / 2$ turn on
$R$ while sweeping $L$ foot around，hop－step $L$ and $R$ ．
$1 \& 2 \quad$ Shuffle step forward on R （right left right）
3－4 Rock forward on $L$ on 3，recover weight back to $R$ foot on 4.
5－6 Traveling back to starting position， $1 / 2$ turn over $L$ shoulder，$L$ foot steps on 5 ，continue another $1 / 2$ turn to $R$ foot on 6 for full while the $L$ foot simultaneously starts a half circle sweep counter－clockwise into next count．
7\＆8
$L$ foot continues half circle sweep behind the $R$ foot for 7 ，then hops straight up followed by the R foot， L stomps on $\&, \mathrm{R}$ stomps on 8.
$B[9-16] R$ heel crosses left，then points $R$ ，then sailor step to $L$ ，$L$ heel scuff stomp，both heels swivel left $2 x$ ．
1－2 $\quad R$ heel crosses $L$ on 1 ，then points to the $R$ on 2
3\＆4 Sailor step to the left．
5－6 L foot scuffs on 5 then stomps on 6.
$7 \& 8 \quad$ Both heels swivel together to the $L$ on 7 ，back on \＆，then again swivel to the $L$ on 8 ．
$\mathrm{B}[17-24]$ Kick R，touch L，kick L，touch R，V－step．

R foot kicks out to $R$ on 1, then hop to $R$ foot on \& , then $L$ toe touches behind the $R$ foot on 2 . (heel may scuff the ground on the kicks, especially with boots, not mandatory) $L$ foot kicks out to $L$ on 3, then hop to $L$ foot on \& , then $R$ toe touches behind the $L$ foot on 4 . V-step four counts; right, left, then back to center.
$B[25-32]$ Body roll $R$, body roll L, $R$ toe touch, $R$ leg twist twice, Right foot behind the $L$ for $1 / 2$ turn over $R$ shoulder.
1\&2 (think M3GAN) Body roll toward the R, drop head on 1, drop shoulder on \&, drop hip on 2.
$3 \& 4 \quad$ Body roll towards the L, drop head on 3, drop shoulder on \& drop hip on 4.
5-6 $\quad R$ foot goes forward for $R$ hip to twist forward twice on 5 then on 6.
7-8 $\quad R$ foot goes behind the left for $1 / 2$ turn over the $R$ shoulder.
Phrase C - (32 counts)
$C[1-8] 45$ degree angles, step back $R$ together, back $L$ together, back $R$ together, back $L$ together.
1-8 Step back at an angle to the $R$, $L$ follows $R$ together for 1,2 . Step back at an angle to the $L$, $R$ follow $L$ together for 3, 4. Step back at an angle to the $R$, $L$ follows $R$ together for 5, 6. Step back at an angle to the $L, R$ follows $L$ together for 7,8 .

C[9-16] Forward step R drag L, step L drag R, step R drag L, step L drag R.
1-8 Step forward on $R$ for 1, drag $L$ ball of foot forward with knee pointed for 2. step forward on $L$ for 3 , drag $R$ ball of foot forward with knee pointed for 4 . step forward on $R$ for 5 , drag $L$ ball of foot forward with knee pointed for 6 . step forward on $L$ for 7 , drag $R$ ball of foot forward with knee pointed for 8 .

C[17-24] Step $R$ ball, slide $L$ to the $L$, drag $R$ to $L$, pivot on heels $1 / 8$ turn to $R$, Step $L$ ball, slide $R$ to $R$, Drag L to R , pivot on heels $1 / 8$ to the R .
1-4 Step straight down on ball of $R$ foot on 1, slide $L$ foot over to the $L$ on 2 , drag $R$ foot over to the L on 3, pivot on both heels slightly to the L on 4.
5-8 Step straight down on ball of $L$ foot on 1 , slide $R$ foot over to the $R$ on 6 , drag $L$ foot over to the $R$ on 7 , pivot on both heels slightly to the $R$ on 8 .
$C[25-32] L$ cross behind as $R$ cross $L$, then bend and unwind $1 / 2$ turn to $L$, kick $R$ point $L$, kick $L$ point $R$.
\&1-2-3-4 $L$ foot crosses behind $R$ on \&, $R$ foot crosses over $L$ on 1. Bend on 2, unwind body to the $L$ $1 / 2$ turn on 3 and 4.
5\&6 Kick $R$ foot out to the $R$ diagonal on 5, bring it back to ball of foot on \& , $L$ foot points to $L$ on 6 .
$7 \& 8 \quad$ Kick $L$ foot out to the $L$ diagonal on 7 , bring it back to ball of foot on \&,$R$ foot points to the $R$ on 8.

Last Update: 5 Mar 2024

