Daddy Lessons

拍数: 0

级数: Phrased Advanced

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音乐: Daddy Lessons (feat. The Chicks) - Beyoncé

墙数: 2

Intro: 32 counts

Sequence: Tag 1- Tag 2(a) - A-A- B(a+b) - C- C - Tag 3 - C - Tag 2(a)- A-A- B(b)- C- C - Tag 3- C - Tag 3- Tag 1- Tag 2 (a+b)- A (first 12 counts + restart)- C-C (restart)-C-C+ End (optional)

Restarts:

7

*After 1-12 counts of part A:

[13-16] turns 5

- 1/4 turn to the right RF (arriving at 9h) and stomp forward RF
- 6 weight on RF, 1/2 turn to the right LF (arriving at 3h) and stomp to the side LF
 - weight on LF, 1/2 turn to the right LF (arriving at 9h) and stomp forward RF
- 8 1/4 turn to the right and facing 12h stomp left side LF

[17-20] stomp, body roll

- stomp right side RF 1
- &2& body roll from right to left side
- 3 hip bump to the left
- & hip bump to the right
- 4 hip bump to the left

*After 1-4 counts of part C:

[5-8] stomps, hip movement

- & put weight on LF + hook back RF
- 5 stomp side RF
- & stomp side LF
- 6 stomp side RF
- 7&8 hip movement

For the End (optional): After 1-8 counts of part C:

[9-16] foot work

&	hook back RF + body back at facing 12h
1	1/4 turn to the left (arriving at 9h) + step side RF
&	hook back RF
2	1/4 turn to the left (arriving at 6h) with weight on LF + step side RF
&	hook back RF
3	slide right RF
4-5-6	stay still
7	step forward LF
8	step forward RF

[17-24] turns

&1	LF cross over RF
2-3-4	full turn to the right arriving at 6h
5-6-7	sweep forward LF while turning 1/4 turn to the right (arriving at 9h)
&8	LF close to RF- stay still and touch hat or optional movement

TAG 1

[1-8] slide forward RF, heel strut LF, slide forward LF, heel strut RF	
1	diagonally step forward to the right RF - put weight on RF



(0)

2-3 & 4 5 6-7 & 8	slide LF close to RF keeping LF toe down, move LF to the left + hip movement optional LF back close to RF diagonally step forward to the left LF - put weight on LF slide RF close to LF keeping RF toe down, move RF to the right + hip movement optional RF back close to LF
[9-16] jazz box,	step turn x2
&	scuff RF
1	weight on RF turning 1/4 to the right (arriving at 3h)
&	step back LF
2	while turning 1/4 to the right(arriving at 6h), step forward RF
3	step forward LF
&	weight on RF + half turn to the right (arriving at 12h)
4	step forward LF
&	scuff RF weight on RF turning 1/4 to the right (arriving at 3h)
5 &	step back LF
6	while turning 1/4 to the right(arriving at 6h), step forward RF
7	step forward LF
&	weight on RF + half turn to the right (arriving at 12h)
8	step forward LF
[17-24] slide ba	ck RF, heel strut LF, slide back LF, heel strut RF
1	diagonally step back to the right RF - put weight on RF
2-3	slide LF close to RF
&	keeping LF toe down, move LF to the left + hip movement optional
4	LF back close to RF
5	diagonally step back to the left LF - put weight on LF
6-7	slide RF close to LF
&	keeping RF toe down, move RF to the right + hip movement optional
8	RF back close to LF
[25-32] jazz box	
&	scuff RF
1	weight on RF turning 1/4 to the right (arriving at 3h)
&	step back LF
2 3	while turning 1/4 to the right(arriving at 6h), step forward RF step forward LF
&	weight on RF + half turn to the right (arriving at 12h)
4	step forward LF
&	scuff RF
5	weight on RF turning 1/4 to the right (arriving at 3h)
&	step back LF
6	while turning 1/4 to the right(arriving at 6h), step forward RF
7	step forward LF
&	weight on RF + half turn to the right (arriving at 12h)
8	step forward LF

[33-40] (same as first 1-8 counts of Tag 1)

[41-48] (same as first 9-16 counts of Tag 1)

TAG 2

a)

[1-8] foot work

- point RF facing in (10:30h) touch heel RF facing 1:30 h kick RF
- & RF cross over FL
- 3 LF step back keeping diagonal
- & RF step close to LF
- 4 LF step cross over RF
- 5 point RF facing in (10:30h) & touch heel RF facing 1:30 h
- & touch heel RF facing 1:30 h 6 kick RF
- 6 kick RF & RF cross over FL
- 7 LF step back keeping diagonal
- & RF step close to LF
- 8 LF step cross over RF

[9-16] foot work

[• ·•] ·•••	
1	weight on LF- step heel LF to the right + point RF facing same direction
2	weight on LF - step toe LF to the right + touch heel RF facing same direction
3	weight on LF- step heel LF to the right + point RF facing same direction
&	weight on LF - step toe LF to the right + touch heel RF facing same direction
4	weight on LF- step heel LF to the right + point RF facing same direction
5	weight on LF - step toe LF to the right + touch heel RF facing same direction
6	weight on LF- step heel LF to the right + point RF facing same direction
7	keeping weight on LF, step toe LF to the right (arriving at 12h)+touch heel RF facing 12h
&	point touch RF
8	heel touch RF

b) - N.B. different directions than Tag2 part a because part b of this tag is done during the second wall [1-8] foot work

- 1 point LF facing in (7:30h)
- & touch heel LF facing 4:30 h
- 2 kick LF
- & LF cross over RL
- 3 RF step back keeping diagonal
- & LF step close to RF
- 4 RF step cross over LF
- 5 point LF facing in (7:30h)
- & touch heel RF facing 4:30 h
- 6 kick LF
- & LF cross over RF
- 7 RF step back keeping diagonal
- & LF step close to RF
- 8 RF step cross over LF

[9-16] foot work

1	weight on RF- step heel RF to the left+ point LF facing same direction
2	weight on RF - step toe RF to the left+ touch heel LF facing same direction
3	weight on RF- step heel RF to the left + point LF facing same direction
&	weight on RF - step toe RF to the left + touch heel LF facing same direction
4	weight on RF- step heel RF to the left + point LF facing same direction
5	weight on RF - step toe RF to the left + touch heel LF facing same direction

- 6 weight on RF- step heel RF to the left + point LF facing same direction
- 7 keeping weight on RF, step toe RF to the left (arriving at 6h)+touch heel LF facing 6h
- & point touch LF
- 8 heel touch LF

TAG 3: 16c

[1_8] granevine	, foot work, grapevine, foot work
1	step to the right RF
&	LF step cross behind RF
2	step to the right RF
&	LF touch close to RF
3	point to the side LF
&	touch forward LF
4	point to the side LF
&	touch back LF
5	step to the left RF
&	RF step cross behind LF
6	step to the left LF
&	RF touch close to LF
7	point to the side RF
&	touch forward RF
8	point to the side RF
&	touch back RF/ brush RF
[9-16] steps bad	ck, turns
1	RF toe touch while stepping back
&	weight on RF
2	LF toe touch while stepping back
&	weight on LF
3	RF toe touch while stepping back
&	weight on RF
4	LF toe touch while stepping back
&	weight on LF
5	scuff forward RF
&	weight on RF, scuff forward LF

- 6 weight on LF+ 1/2 turn to the right (arriving at 6h)
- 7 1/2 turn to the right (arriving at 12h) + then weight on RF
- 8 stomp forward LF

PART A

[1-8] foot work, hook, lock step, turn

- & brush back RF1 step forward to the right side RF
- 2 step side to the left LF
- 3 RF cross over LF
- & step side to the left LF
- 4 kick forward RF
- & without touching ground, hook back RF
- 5 step back RF
- & LF cross over RF
- 6 step back RF
- 7 keep weight on RF+ half turn LF counterclockwise (arriving at 6h)- put weight on LF
- & RF close to LF+ put weight on RF
- 8 half turn LF counterclockwise (arriving at 12h)- put weight on LF

[9-16] mambo step, rock step, turn		
1	step forward RF, put weight on RF	
&	recover weight LF	
2	step back RF	
3	step back LF, put weight on LF	
&	recover weight RF	
4	step forward LF	
5	step to the side RF	
&	recover weight on LF while 1/4 turning to the left (arriving at 9h)	
6	step forward RF	
7-8	LF close to RF and 3/4 turn clockwise (arriving at 6h)	
PART B		
a)		
[1-8] steps forwa	ard, shuffle back, foot work	
1	RF step forward to the right RF	
2	step side to the left LF	
&	RF close to LF	
3	RF step back keeping foot on 1:30h diagonal	
&	LF close to RF	
4	RF step back keeping foot on 1:30h diagonal	
5	face 12h and step to the side LF	
&	RF close to LF	
6	step right side RF	
&	LF close to RF + weight on RF	
7	1/4 turn to the left (facing 9h) + step forward LF	
&	RF close to LF	
8	step forward LF + put weight on LF	
[9-16] rock steps	s, step turn, spin	
1	step forward RF, put weight on RF	
&	recover weight LF	
2	1/2 turn to the right (arriving at 3h) + step forward RF	
3	step forward LF, put weight on LF	
&	recover weight RF	
4	1/4 turn to the left (arriving at 12h) and step forward LF	
5	step forward RF + put weight on RF	
&	1/2 turn to the left (arriving at 6h) putting then weight on LF	
6	step forward RF	
7	LF step forward while turning 1/2 to the right (arriving at 12h)	
&	RF step forward while turning 1/2 to the right (arriving at 6h)	
8	LF step forward	
b) 16c [1-8] (same as first 1-8 counts of part Ba, but starting at 6h)		
[9-16] rock steps	s, step turn, spin	
1	step forward RF, put weight on RF	
&	recover weight LF	
2	1/2 turn to the right (arriving at 9h) + step forward RF	
3	step forward LF, put weight on LF	

- & recover weight RF
- 4 1/4 turn to the left (arriving at 6h) and step forward LF
- 5 step forward RF + put weight on RF

& 1/2 turn to the left (arriving at 12h) putting then weight on LF

6 step forward RF, 3/4 turn to the left (arriving at 9h) and then put weight on it

- & keep weight on RF, 3/4 turn to the left (arriving at 12h)
- 7 step side LF
- 8 keep position

PART C: 16c

[1-8] foot work	
&	hook back RF
1	kick forward facing 1.30h with RF
&	weight on RF + hook back LF
2	LF cross back + kick facing 1.30h with RF
&	weight on RF + Kick facing 1:30h LF
3	weight on LF + hook back RF
&	little jump keeping position + put weight again on LF
4 a	lways facing 1:30h, step cross back RF + kick forward LF
&	put weight on LF + hook back RF
5	step side RF (facing 1:30h)
&	weight on LF + hook back RF
6	kick forward (facing 12h) RF
&	hook back RF
7	back to diagonal position (facing 1:30h), step side RF
&	hook RF
8	(facing 1:30h), step side RF
[9-16] foot worl	ĸ
&	hook back RF + body back at facing 12h
1	1/4 turn to the left (arriving at 9h) + step side RF
&	hook back RF
2	1/4 turn to the left (arriving at 6h) with weight on LF + step side RF
&	hook back RF
3	step back RF + kick forward LF
&	weight on LF + no weight on RF
4	weight back on RF+ kick RF
&	weight on LF+ hook back RF
5	1/4 turn to the left (arriving at 3h) + step side RF
&	hook back RF
6	1/4 turn to the left (arriving at 12h) with weight on LF + step side RF
&	hook back RF
7	step back RF + kick forward LF
&	weight on LF + no weight on RF
8	weight back on RF+ kick LF
&	weight back on LF