Dance Like Uma



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Cameron Stuart (USA) - January 2024

音乐: Uma Thurman - Fall Out Boy



Intro: 64 Counts

[1-8] V-STEP, SAILOR STEP, BEHIND-SIDE-CROSS

1-2	1)Step out to R diagonal with R. 2)Step out to L diagonal with L
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3-4 3)Step R to center, 4)Step L to center

5&6 5)Step R behind L, &)Step L to L side, 6)Step R to R side 7&8 7)Step L behind R, &)Step R to R side, 8)Cross L over R

[9-16] SIDE, CLAP, BALL-SIDE, CLAP, SAILOR STEP, BEHIND, 1/4 TURN L

1-2& 1)Step R to R side, 2)Clap, &)Step L next to R

3-4 3)Step R to R side, 4)Clap

5&6 5)Step L behind R, &)Step R to R side, 6)Step L to L side 7-8 7)Step R behind L, 8)Step L to L side making 1/4 turn L

[17-24] ROCKING CHAIR, PIVOT 1/2 TURN X2

1-2	1)Rock forward on R, 2)Recover on L
3-4	3)Rock back on R, 4)Recover on L

5-6 5)Step forward on R, 6)1/2 turn L switching weight to L 7-8 7)Step forward on R, 8)1/2 turn L switching weight to L

[25-32] TURNING HEEL GRIND, COASTER STEP, TURNING HEEL GRIND, COASTER STEP

1-2 1)Rock R on R heel with the toes pointed forward, 2)Recover on L as you turn a 1/4 turn to R

3&4 3)Step back on R, &)Step L next to R, 4)Step forward on R

5-6 5)Rock L on L heel with the toes pointed forward, 6)Recover on R as you turn a 1/4 turn to L

7&8 7)Step back on L, &)Step R next to L, 8)Step forward on R