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December 2023

音乐: Bam! (Chill Remix) - KELSON & LÒNIS



Count In: Dance begins after 20 counts Notes: Tag happens on at the end of wall 5

[1-8] Walk R, walk L, R side rock cross, ¼, ¼, L cross & cross

1 -2 Walk forward R (1) Walk forward L (2)

3&4 Rock R to right side (3) recover weight to L (&) Cross R over L (4)

5-6 Making a ¼ turn right, step back on L (5), making a ¼ turn right, step R to right side (6)

7&8 Travelling right, cross L over R (7) step R to right side (&) cross L over R (8)

[9-16] R rock recover, L behind & infront, rock L, rock R, L&L

1-2 Rock R to right side (1) recover weight to L (2)

3&4 Travelling to the left, step R behind L (3) step L to left side (&) cross R over L (4)

5-6 Rock L out to left side (5) Rock R out to right side (6)

7&8 Travelling to the left, Rock L out to left side (7) recover weight onto R (&) Rock L out to left

side (8)

[17-24] Rock R, rock L, R&R, cross 1/4 forward, walk R, Walk L

1-2 Rock R to right side (1) rock L to left side (2)

3&4 Travelling to the right, rock R to right side (3) recover weight L (&) rock R to right side (4)

5&6 Cross L over R (5) making a ¼ left, rock back on R (&) Recover weight on L (6)

7-8 Walk forward R (7) walk forward L (8)

*through counts 1-4 swing shoulders in the directions of the rocks

[25-32] R rock ¼ cross, ¼ , ¼ , ¾ paddle turn

Rock R forward (1) making a ¼ turn left, recover weight on L (&) cross R over L (2)

Making a ¼ turn right, step back on L (3) Making a ¼ turn right, step R to right side (4)

5-6-7-8 Making a 1/4 turn right, step L out to left side (5) Making a 1/4 turn right, step L out to left side

(6) Making a 1/4 turn right, step L out to left side (7) Step L next to R (8)

* option on count 8, jump both feet together

TAG:

At the end of wall 5 there is a 4 count tag, you'll finish wall 5 facing 3 o'clock:

[1-4] reverse paddles 1/4 turn

1-4 Making a a 1/12 turn, reverse paddle on L (1) Making a a 1/12 turn, reverse paddle on L (2)

Making a a 1/12 turn, reverse paddle on L (3) Step L next to R (4)

*end facing 12

End of dance, Smile and enjoy □

^{*}end facing 6 o'clock

^{*}through counts 5-8 swing shoulders in the directions of the rocks.

^{*}end facing 3 o'clock

^{**}end facing 3 o'clock