## My Heart Will Come Home



拍数: 48 墙数: 2 级数: High Beginner

编舞者: Foo Sally (MY) - January 2024

音乐: My Heart Will Come Home - Ling Kai



AFTER 16 COUNTS. (Approximate 0.8 sec) BEGIN DANCE AT VOCAL. NO TAG, NO RESTART. DANCE SEQUENCE: A A,,B, A, A, B, ENDING WITH A POSE.

### A SEC 1: RF ROCK BACK, LF RECOVER, RF SHUFFLE FORWARD, LF HITCH & CROSS SHUFFLE TO (1-8) RIGHT, RF HITCH AND CROSS SHUFFLE TO LEFT.

1 & 2 & 3 RF rock back(1),LF recover(&),RF step forward(2) ,LF step behind RF(&), RF step

forward(3).

4, 5 & 6 LF hitch, cross over RF and step to right, RF step behind LF, LF step forward

7 & 8 RF hitch cross over LF and step to the left side, LF step behind RF, RF step forward

## A SEC 2: LF ROCK AND POINT TO LEFT, LF SWEEP OVER RF TOUCH IN FRONT OF RF, (9-16) SIDE SHUFFLE, RF ROCK TO RIGHT SIDE, WEAVE, RF & LF PIVOT ½ TURN TO NEXT WALL,

1&2,&3 LF step / point to left side, LF sweep and cross over RF,LF touch, LF step to R,RF step

behind LF, LF step forward

4 &5,6,7 RF rock to right, LF step in place, RF step back behind LF, LF step beside RF, RF cross

over LF.

8 RF & LF pivot ½ turn to back wall.

# A SEC 3: RF STEP OUT TO RIGHT, LF STEP OUT TO LEFT, HIP SWAY TO RIGHT, HIP SWAY TO LEFT, (17 -24) RF STEP IN PLACE, LF TOUCH BESIDE RF, LF STEP TO LEFT, RF STEP BESIDE LF. RF DRAW A CIRCLE AND TOUCH BESIDE LF.

1 - 2 RF step to the right (1), LF step to the left(2)

3 - 4 Hip sway to right(3), Hip sway to left (4)

5&, 6& RF step in place(5), LF touch beside RF(&), LF step to Lef(6)t, RF touch beside LF (&)

7 - 8 RF draw a circle and touch beside LF

#### B (DANCE B SECTION 1 X 3 WALL)

## B SEC 1: RF SAILOR 1/4 TURN RIGHT, LF STEP IN FRONT OF RF, RF FORWARD SHUFFLE, (1-8) LF STEP FORWARD IN FRONT OF RF, LF BACK SHUFFLE

1,2, 3&4 1/4 turn right RF step back(1), LF step in front of RF(2), RF step Forward(3) LF step behind

RF,(&) Rf step forward.(4)

5- 6,7&8 LF rock forward (5),RF recover (6), LF step back,(7) RF step in front of LF(&), LF step

back(8)

# B SEC 2: RF SAILOR 1/4 TURN RIGHT.LF STEP IN FRONT OF RF, RF, LF WALK FORWARD, (9- 16) RF STEP OUT TO RIGHT, ,LF STEP OUT TO LEFT, , HIP ROLL FROM RIGHT ,BACK TO LEFT & FRONT, ( RIGHT HAND ,LEFT HAND FINGERS MEET IN MIDDLE OF WAIST ROLL IN,OUT, CROSS AND HUG SHOULDER.)

1&2&,3–4 RF 1/4 turn Right and rock back(1) LF step in front of RF(&), RF walk forward(2), LF walk

forward(&), RF step to right(3), LF step to left(4)

5 - 8 Hip roll from right(5) ,to back(6) ,to left(7) ,to front(8).

## B SEC 3: RF RECOVER IN PLACE, LF SAILOR, LF RECOVER, RF SAILOR, RF RECOVER, (17-24) (1/4 TURN R, RF, LF STEP TOGETHER X 4 TIME), (OPTIONAL HAND MOVEMENT- HANDS RAISE ABOVE HEAD, CROSS AND TURN PALM)

1-2,3-4& RF step in place(1), cross LF behind RF(2), LF recover(3),step RF behind LF(4), RF recover(&).

5&6&7&8

 $\frac{1}{4}$  turn right step RF to right(5),step LF next to RF(&),  $\frac{1}{4}$  turn right step RF to right(6), step LF next to RF(&),  $\frac{1}{4}$  turn right step RF to right(7),step LF next to RF(&),  $\frac{1}{4}$  turn right step RF to

right(8), step LF next to RF(&),

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HAPPY DANCING

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