

La Zitella

COPPER KNOB
STEP SHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Sebastiaan Holtland (NL) & Ira Weisburd (USA) - January 2024
音乐: La zitella (Edited Version) - Orchestra Italiana Bagutti



Rhythm: Cumbia

Introduction: 24 counts. Start on vocal at approximately 16 seconds.

NO TAGS ! NO RESTARTS !

PART I. (SIDE, TOGETHER, SIDE, TOUCH; SIDE, TOGETHER, SIDE, HOLD)

1-2 Step R to R, Step-close L beside R
3-4 Step R to R, Touch L beside R
5-6 Step L to L, Step-close R beside L
7-8 Step L to L, Hold

PART II. (ROCK BACK, RECOVER, SIDE, HOLD; ROCK BACK, RECOVER, SIDE, HOLD)

1-2 Step R back, Recover forward onto L
3-4 Step R to R, Hold
5-6 Step L back, Recover forward onto R
7-8 Step L to L, Hold

PART III. (JAZZ BOX 1/4 R TURN with TOE STRUTS)

1-2 Touch R toe across L, Step in place onto R
3-4 Touch L toe back making 1/8 R Turn (1:30), Step in place onto L
5-6 Touch R toe to R making 1/8 R Turn (3:00), Step in place onto R
7-8 Touch L toe across R, Step in place onto L

PART IV. (SIDE ROCK, RECOVER, CLOSE, HOLD; SIDE ROCK, RECOVER, CLOSE, HOLD)

1-2 Step R to R, Step L to L
3-4 Step-close R beside L, Hold
5-6 Step L to L, Step R to R
7-8 Step-close L beside R, Hold

REPEAT DANCE.

Suggested Ending to Face 12:00: Last wall (6:00), dance Part I. II. III. & Facing 9:00, IV. (1-4)

End with Part IV. (5-8) - (SIDE ROCK, 1/4 R TURN, FORWARD)