

A Love Song

拍数: 24 墙数: 4 级数: Beginner - waltz
编舞者: Christine Stewart (NZ) - January 2024
音乐: A Love Song - Lady A



No tags.

***4 easy restarts**

RESTART 1: Wall 3 after count 12. Dance restarts facing 6:00

RESTART 2: Wall 6 after count 18. Step change required for counts 16-18. Dance restarts facing 12:00

RESTART 3: Wall 8 after count 12. Dance restarts facing 3:00

RESTART 4: Wall 12 after count 12. Dance restarts facing 12:00

Intro: 24 counts. Dance rotates in a CW direction

Begin facing 12:00 with weight on Right foot and Left foot out to left side

[1 – 6] CROSS WALTZ, CROSS WALTZ

- 1 - 3 Cross Left foot over in front of Right foot, Step Right foot to right side, Step/rock sideways onto Left foot keeping feet apart
- 4 - 6 Cross Right foot over in front of Left foot, Step Left foot to left side, Step/rock sideways onto Right foot keeping feet apart

[7 – 12] WALTZ FORWARD, WALTZ BACK

- 1 - 3 Step Left forward foot, Step onto Right foot beside Left foot, Step onto Left foot beside Right foot
- 4 - 6 Step Right foot back, Step onto Left foot beside Right foot, Step onto Right foot beside Left foot #, ### (12:00)

RESTART 1 happens here during Wall 3. Start dance again facing 6:00

RESTART 3 happens here during Wall 8. Start dance again facing 3:00

RESTART 4 happens here during Wall 12. Start dance again facing 12:00

[13 – 18] CROSS WALTZ, WEAVE

- 1 - 3 Cross Left foot over in front of Right foot, Step Right foot to right side, Step/rock sideways onto Left foot keeping feet apart
- 4 - 6 ### Cross Right foot over in front of Left foot, Step Left foot to left side, Step/cross Right foot behind Left foot

##RESTART 2: during wall 6 and facing 12:00 REPLACE these steps (the WEAVE) with a RIGHT CROSS WALTZ instead then start dance again facing 12:00

[19 – 24] SIDE, DRAG, ¼ TURN RIGHT, SIDE ROCK, RECOVER

- 1 - 3 Step Left foot to left side (1) and drag Right foot towards Left foot (2,3) * Add ENDING here during Wall 15
- 4 - 6 Turn ¼ right and step Right foot forward, Step/rock Left foot to left side, Recover sideways onto Right foot (3:00)

ENDING: Add during Wall 15 to finish facing 12:00

[1 – 6] ¼ TURN RIGHT, SWEEP

- 1 - 6 Turn ¼ right and step Right foot forward (1), Sweep Left foot around from back towards the front (2,3)

[7- 12] CROSS WALTZ, CROSS WALTZ

- 1 - 3 Cross Left foot over in front of Right foot, Step Right foot to right side, Step/rock sideways onto Left foot keeping feet apart

4 - 6 Cross Right foot over in front of Left foot, Step Left foot to left side, Step/rock sideways onto Right foot keeping feet apart

[13 – 19] WALTZ FORWARD, WALK BACK, WALK BACK, ¼ TURN RIGHT, CROSS

1 - 3 Step Left forward foot, Step onto Right foot beside Left foot, Step onto Left foot beside Right foot

4 - 7 Walk back on Right foot then Left foot (4,5), Turn ¼ right and step Right foot to right side (6), Cross Left foot over in front of Right foot (7) (12:00)

My waltz could be used as a split floor option to Kate Sala's Intermediate Waltz "A Story Told".

The song is so lovely that it would be great to have different levels of dancers on the floor at the same time dancing to it.

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