

# Old School Moves

拍数: 32      墙数: 4      级数:  
编舞者: Jason Reome (USA) - January 2024  
音乐: Old School - David Adam Byrnes



Dance begins after 16 counts, on lyrics

**\*\*2 tags at end of walls 1&3,**

**Restart after 16 counts on wall 5**

## **(1-8) Shuffle Forward, Mambo ¼ Turn, Cross & Point, Cross Back & Point, Sailor ¼ Turn**

- 1&2      Step RF foot forward, step LF together to RF, step RF forward  
3&4      Rock LF forward, recover weight back onto RF, step LF to L side while making ¼ turn L  
5&6&      Cross RF over LF, point LF toe to L side, cross LF behind RF, point RF toe to R side  
7&8      Cross rock RF behind LF, recover weight onto LF making ¼ turn R, step RF forward

## **(9-16) Chase ¼ Turn With Cross, ¼ Turn x2, Cross, Full Turn Walk Around**

- 1&2      Step LF forward, Pivot ¼ Turn R onto RF, Cross LF Over RF  
3&4      Step back onto RF making ¼ turn L, Step LF to L side making ¼ turn L, Cross RF over LF  
5, 6      ¼ turn L stepping LF forward, ¼ turn L stepping RF forward  
7, 8      ¼ turn L stepping LF forward, ¼ turn L stepping RF forward

**Restart here wall 5**

## **(17-24) Shuffle Backward, Touch Behind, ½ Unwind, Coaster Step, Heel Grind ¼ Turn**

- 1&2      Step LF backwards, step RF together to LF, step LF backwards  
3, 4      Touch RF toe behind LF, unwind ½ turn over R shoulder onto RF  
5&6      Step LF backwards, step RF together to LF, step LF forward  
7, 8      Stomp RF down, grind RF heel into ground making ¼ turn right weight back onto LF

## **(25-32) Toe switches x3, Hitch ¼ Turn, Cross, Back, Out, Cross, Back, Touch**

- 1&2&      Touch RF toe to R side, step RF together to LF, Touch LF toe to L side, step LF together to RF  
3&4      Touch RF toe to R side, hitch R knee up, step RF to R side making ¼ turn R  
5&6      Cross LF over RF, step RF backwards, step LF to L side  
7&8      Cross RF over LF, step LF to L side, touch RF toe together to LF

**TAG at end of walls 1, 3**

## **(1-8) Modified Jazz Box, Jazz Box Hitch**

- 1, 2      Step RF to R side, cross LF over RF  
3, 4      Step RF backwards, step LF to L side  
5, 6      Cross RF over LF, step LF backwards  
7, 8      Step RF to R side, Step LF together to RF while hitching R knee up