Simple Man



拍数: 32 编数: 3 级数: Intermediate

编舞者: Diana Liang (CN) - January 2024

音乐: Simple Man - Robert Randolph & The Family Band



Intro 16

S1: Coaster, Forward Side Rock, Cross Rock, Vine, Point, 1/4 in Place, 1/4 Side

step Rf back, step Lf together, step Rf forwardLf forward, rock Rf to R side, recover to Lf

5&6& cross Rf over Lf, recover to Rf, step Rf to R side, cross Lf over Rf

7&8& step Rf to R side, point Lf to L side, turn 1/4 to L Lf in place, 9H, turn 1/4 to L stepping Rf to R

side, 6H

S2: Modified Sailor LR, Back Sweep LR, 1/4L Side, 1/4R, 5/8R, 1/2R, Forward

step Lf behind, rock Rf to R side, recover to Lfstep Rf behind, rock Lf to L side, recover to Rf

Restart here during W3 after replacing 3& with stepping Lf to L side, touch Rf next to Lf, facing 12H

4-5 step Lf back sweeping Rf from front to back, step Rf back sweeping Lf from front to back

6-7 turn 1/4L stepping Lf to L side, 3H, turn 1/4R stepping Rf in place, 6H

&8& turn 5/8R stepping Lf back, 1:30H, turn 1/2R stepping Rf forward, 7:30H, step Lf forward

S3: Heel Strut RL,1/2R Pivot, Forward, Prissy Walk LR, 1/8R Rock Recover, Cross

1&2& touch Rf heel forward, put down Rf toes, touch Lf heel forward, put down Lf toes

3&4 step Rf forward, turn 1/2L step Lf in place, 1:30, step Rf forward

Restart here after adding an & count to turn 1/8R stepping Lf next to Rf, during W6, facing 9H step Lf forward slightly cross over Rf, step Rf forward slightly cross over Lf

7&8 turn 1/8R rocking Lf to L side, 3H, recover to Rf, cross Lf over Rf

Ends here during W7 after adding a full R unwind, facing 12H

S4: Diagonal Shuffle Scuff RL, Syncopated Jazz-box, Bounces1/2R, Kick

1&2& step Rf to R diagonal forward, step Lf next to Rf, step Rf to R diagonal forward, scuff Lf

forward

3&4& step Lf to L diagonal forward, step Rf next to Lf, step Lf to L diagonal forward, scuff Rf

forward

5&6& cross Rf over Lf, step Lf back, step Rf to R side, step Lf forward

7&8& turn 1/6R bouncing x 3 time, 9H, kick Rf forward

Thanks for watching and Happy Dancing!

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Last Update: 20 Jan 2024