

Paint Me the Picture

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Linda Pink (AUS) - January 2024
音乐: Grandpa (Tell Me 'Bout The Good Old Days) (feat. Sonya Isaacs) - Cody Johnson



Introduction Counts: 32

DIAGONAL ROCKING CHAIR, CROSS ROCK, SIDE SHUFFLE RIGHT

1,2 Step R across in front of L, Rock back onto L
3,4 Step R back, Rock onto L
5,6 Step R across in front of L, Rock back onto L
7&8 Side shuffle to the right Stepping R,L,R 12

DIAGONAL ROCKING CHAIR, CROSS ROCK, ¼ LEFT SHUFFLE FORWARD

1,2 Step L across in front of R, Rock back onto R
3,4 Step L back, Rock onto R
5,6 Step L across in front of R, Rock back onto R
7&8 Turn ¼ Left Shuffle Forward Stepping L,R,L 9

STEP FORWARD, ½ RIGHT STEP BACK, BACK-LOCK-BACK, BACK ROCK, STEP SWEEP

1,2 Step R Forward, Turn ½ Right Stepping L Back
3&4 Step R Back, Lock L across R, Step R Back
5,6 Step L Back, Rock Forward onto R
7,8 Step L Forward, Sweep R to the side 3

STEP SWEEP, STEP SWEEP, JAZZ BOX

1,2 Step R Forward, Sweep L to the side
3,4 Step L Forward, Sweep R to the side
5,6 Jazz Box: Step R across in front of L, Step L back
7,8 Step R to the side, Step L Forward 3

Towards the end of the song there will be a pause in the music. Continue to dance and the music will then pick up again.

Ending: Dance up to Count 8 facing the Back Wall. Cross L across R and unwind a ½ turn.