July for the Whole Year

级数: Improver

编舞者: Nate Golden (USA) - January 2024

音乐: July for the Whole Year - Devon Cole

One 8-Count Tag –

#16 Count Intro – No Restarts

拍数: 32

Step, Kick, Step, Kick-Ball-Cross, Side, Behind, Heel Jack

- 1-2 Step Fwd on R, Kick L Foot to Right Diagonal (weight on R)
- 3 Step L to Left Side
- 4&5 Kick R to Left Diagonal, Step R to Right Side, Cross L Over R
- 6-7 Step R to Right Side, Step L Behind R
- &8 Step R to Right Side, Touch L Heel Left Fwd Diagonal

Recover. Side, Behind, Heel Jack, Shuffle, Walk Walk

- &1 Step L Together, Cross R over L
- 2-3 Step L to Left Side, Step R Behind L
- &4 Step L to Left Side, Touch R Heel to Right Diagonal
- &5&6 Step R next to L, Step L Fwd Step R next to L, Step L Fwd
- 7-8 Step R Fwd. Step L Fwd

Syncopated Rocking Chair, Step 1/2 Pivot, Walk Walk

- 1-2 Rock Fwd on R, recover back on L
- &3-4 Hop Back on R, Rock Back L, Recover Fwd R
- 5-6 Step Fwd L, 1/2 Pivot over Right shoulder weight on R
- 7-8 Step L Fwd, Step R Fwd

*Optional 7-8 Full Turn

7-8 Step L ½ Turn Right, Step R ½ Turn Right

Jazz Box, Point, Point, Point, ¼ Turn Hook

- 1-2 Cross L over R, Step R back
- 3-4 Step L to Left side, Step R next to L
- &5&6 Step L, Point R toe Right Side, Step R next to L, Point L Toe Left Side
- &7-8 Step L next to R, Point R toe Right Side, 1/4 Turn Right Hooking R in front of L knee

One 8 Count Tag After Wall 2.

V Step, Hip Shakes

- 1-2 Step R Fwd Right Diagonal, Step L Fwd Left Diagonal
- 3-4 Step R Back to Center, Step L next to R
- 5-8 Swing Hips R, L, R ,L

Last Update: 26 Jan 2024





墙数:4