Sail With Me



编舞者: Silvia Schill (DE) - December 2023

音乐: Islands in the Stream (Workout Remix) - Power Music Workout



The dance begins after 32 beats with the vocals

S1: Back 2,	rock back,	step, point	I, step,	point r
		- 10 p , p - 11 11	.,	, , , , , , , , ,

3-4 Step back with right - weight back on the LF
5-6 Step forward with right - tap the left toe to the left
7-8 Step forward with left - tap the right toe to the right

S2: Jazz box turning 1/4 r, side, touch/clap r + I

1-2	Cross RF over left -	- ¼ turn right	t and sten I	hack with le	off (3 o'clock)
1-4		- /4 LUITI HUIT	ı anu sıcı ı	Jack Willia	511 10 0 0100N1

3-4 Step right with right - step forward with left
5-6 Step right with right - touch LF next to right/clap
7-8 Step left with left - touch RF next to left/clap

S3: Out, out, in, in (V-steps) 2x

1-2	Step to diagonal right in front with right - small step to left with left
3-4	Step back to the starting position on the right - move LF next to right

5-8 Like 1-4

S4: Vine r + I

1-2	Step right with right - cross LF behind right
3-4	Step right with right - touch LF next to right
5-6	Step left with left - cross RF behind left
7-8	Step left with left - touch RF next to left

Repeat to the end

And don't forget to smile, because dancing is fun!
There is no guarantee for errors in the translation, content, spelling, etc.!
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