

# Respect (CBA 2024)

**COPPER KNOB**  
STEPSHEETS

拍数: 96      墙数: 2      级数: Phrased Intermediate  
编舞者: Mark Furnell (UK) & Chris Godden (UK) - December 2023  
音乐: Dreamers (Music from the FIFA World Cup Qatar 2022 Official Soundtrack) - Jung Kook



Intro: i{ 32 }Counts, Start at approx x{ 17 }secs  
Sequence: s{ A, B, B (48 Counts), A, B, A, B }

## Part A: 32c

### SEC 1 Arm Raise, Arm Pull

1-4      Raise right arm to right side to shoulder height palm up over 4 counts  
5-8      Pull right arm towards body with closed fist over 4 counts

### SEC 2 Arm Raise, Arm Pull

1-4      Raise left arm to left side to shoulder height palm up over 4 counts  
5-8      Pull left arm towards body with closed fist over 4 counts

### SEC 3 Raise Arms, Open Arms

1-4      With left arm crossed over right raise both arms to shoulder height over 4 counts  
5-8      Open both arms to respective side

### SEC 4 Raise Arms, Pull Arms

1-4      Drop arms down then raise both arms up in front of body palms up over head height over 4 counts  
5-8      Pull both arms down with closed fists over 4 counts

## Part B: 64c

**Note Second time Part B is danced omit the Arms in SEC 1 to SEC 4**

### SEC 1 Rock, Side Rock, Weave, Together, 1/8 Jazzbox

1&      Rock right forward, recover weight onto left  
2&      Rock right to right, recover weight onto left  
3&4      Step right behind left, step left to left, cross right over left  
&5-6      Step left beside right, turn 1/8 left cross right over left, step left back (10:30)  
7-8      Step right to right, step left forward

**Arms On count 8 take right arm to right side at shoulder height**

### SEC 2 Together, Hold, Back, 1/8 Side, Weave

1-2      Step right beside left, hold  
**Arms On count 1 place right fist on heart with closed fist**

**Note On second time Part B is dance, Pop both knees forward instead of Holding on count 2**

3-4      Step left back, turn 1/8 right step right to right (12:00)  
5-6      Cross left over right, step right to right  
7-8      Step left behind right, step right to right

### SEC 3 Rock, Side Rock, Weave, Together, 1/8 Jazzbox

1&      Rock left forward, recover weight onto right  
2&      Rock left to left, recover weight onto right  
3&4      Step left behind right, step right to right, cross left over right  
&5-6      Step right beside left, turn 1/8 right cross left over right, step right back (1:30)  
7-8      Step left to left, step right forward

**Arms On count 8 take right arm to right side at shoulder height**

### SEC 4 Together, Hold, Back, 1/8 Side, Weave

1-2 Step left beside right, hold  
**Arms On count 1 place right fist on heart with closed fist**  
**Note On second time Part B is dance, Pop both knees forward instead of Holding on count 2**  
3-4 Step right back, turn  $\frac{1}{8}$  left step left to left (12:00)  
5-6 Cross right over left, step left to left  
7-8 Step right behind left, step left to left

**SEC 5 Samba Step, Samba Step, Cross,  $\frac{1}{2}$  Hinge, Touch**

1&2 Cross right over left, rock left to left, recover weight onto right  
3&4 Cross left over right, rock right to right, recover weight onto left  
5 Cross right over left  
6-7 Turn  $\frac{1}{4}$  right step left back, turn  $\frac{1}{4}$  right step right to right (6:00)  
8 Touch left beside right

**SEC 6 Dorothy Step, Dorothy Step, Step,  $\frac{1}{2}$  Bounce Heels, Sweep**

1-2& Step left forward to left diagonal, lock right behind left, step left forward  
3-4& Step right forward to right diagonal, lock left behind right, step right forward

**\*Restart Here second time Part B is danced, add the following then restart**

**\*5 Step left to left**

**\*6-8 Hold for 3 counts.**

5 Step left forward  
6-8 Turn  $\frac{1}{2}$  right bouncing both heels twice, sweep right from front to back (12:00)

**SEC 7 Sailor Step,  $\frac{1}{4}$  Sailor Step, Rock Sweep, Back Sweep, Weave**

1&2 Step right behind left, step left to left, step right to right  
3&4 Step left behind right, step right to right, turn  $\frac{1}{4}$  left step left forward (9:00)  
5-6 Rock right forward, recover weight onto left sweeping right from front to back (9:00)  
7 Step right back sweeping left from front to back  
8&1 Step left behind right, step right to right, cross left over right

**SEC 8 Hold, Ball Touch,  $\frac{1}{2}$  Unwind, Step,  $\frac{1}{2}$  Pivot,  $\frac{1}{4}$  Side, Together Pop Knee**

2&3 Hold, step right to right, touch left behind right  
4 Unwind  $\frac{1}{2}$  left transferring weight on to left (3:00)  
5-6 Step right forward, pivot  $\frac{1}{2}$  left transferring weight on to left (9:00)  
7-8 Turn  $\frac{1}{4}$  left step right to right, step left beside right popping right knee

**Ending At the end of the dance on last touch, Tap right fist on heart twice**

**Last Update: 30 Jan 2024**

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