

Lie To Me

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
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音乐: Lie to Me - MIKOLAS



[1-8] SCUFF R - STOMP - HEEL FLICK L - TRIPLE LRL ¼ TURN - STEP R - KNEE POPS - TRIPLE RLR ½ TURN

- 1&2& (1) Scuff RF, (&) Stomp RF to R, (2) Swivel L Heel out, (&) Bring L Heel in
3, &4 (3) Step LF to L, (&) Step RF to LF, (4) Step LF to L making ¼ turn
5, &6 (5) Step RF forward, (&) Pop both knees lifting heels off the ground, (6) Bring heels back down
7, &8 (7) Step RF to R making ¼ turn, (&) Step LF to RF, (8) Step RF to R making ¼ turn

[9-16] PIVOT ½ TURN (x2) - CROSS AND HEEL ¼ TURN - CROSS AND HEEL

- 1, 2 (1) Step LF forward, (2) Pivot ½ Turn R taking weight on RF
3, 4 (3) Step LF forward, (4) Pivot ½ Turn R taking weight on RF
5&6& (5) Cross LF over R making ⅙ Turn L, Step RF to R making ⅙ Turn L, (6) Touch L Heel Forward, (&) Step LF next to R
7&8 (7) Cross RF over LF, (&) Step LF to L, (8) Touch R Heel forward

****RESTART HERE ON THE 5TH WALL FACING 12:00****

[17-24] STOMP R - HEEL SWIVELS ¼ TURN - COASTER - KICK R - STEP R - TOUCH L - ½ TURN L WITH R TOE POINT BACK - ½ TURN R WITH L TOE POINT BACK

- 1, 2 (1) Stomp RF next to LF, (2) Swivel both heels making ¼ Turn L keeping weight on the balls of feet
3, &4 (3) Step LF back, (&) Step RF next to LF, (4) Step LF forward
5&6& (5) Kick RF forward, (&) Step onto RF, (6) Touch LF behind RF (&) Step back on LF Turning ½ turn L
7&8 (7) Point R toe behind, (&) Step back on RF turning ½ Turn R, (8) Point L toe behind

[25-32] ½ TURN L - ¼ L - WEAVE - BOUNCE R - BOUNCE L - OUT R - OUT L - IN R - IN L

- 1, 2 (1) Step back on LF making ½ Turn L, (2) Step RF to R making ¼ Turn L
3, &4 (3) Step LF behind RF, (&) Step RF to R, (4) Cross LF over RF
&5&6 (&) Step RF to R, (5) Touch LF to R, (&) Step LF to L, (6) Touch RF to L
&7&8 (&) Step RF to R, (7) Step LF to L, (&) Step RF in, (8) Step LF to R

[33-40] PADDLE ¾ TURN R - CROSS - ROCK - RECOVER - TOUCH R BEHIND L - ¾ SPIN ON L - WALK RL

- 1&2& (1) Keeping weight on RF point L toes to L side, (&) Push off LF into ¼ Turn R, (2) Keeping weight on RF point L toes to L side, (&) Push off LF into ¼ Turn R
3&, 4 (3) Keeping weight on RF point L toes to L side, (&) Push off LF into ¼ Turn R, (4) Cross LF over R
5&, 6 (5) Rock RF to R, (&) Recover weight to LF, (6) Touch RF behind LF
&7, 8 (&) Push off R toe creating momentum to Spin ¾ Turn R on LF while lifting up RF to prep for taking a step forward, (7) Step RF Forward, (8) Step LF Forward

[41-48] ROCK - RECOVER - KICK - STEP - ROCK - RECOVER - KICK - STEP - POINT R - DRAG - HIP BUMP

- 1&2& (1) Rock RF to R, (&) Recover weight to LF, (2) Kick RF forward, (&) Step RF forward
3&4& (3) Rock LF to L, (&) Recover weight to RF, (4) Kick LF Forward, (&) Step LF Forward
5 (5) Point RF to R

*****For styling, you have to option to bend down by bending left knee, or fully go down and hair flip on the 6 count coming up*****

6,7&8

(6-7) Slowly drag RF in to LF, (&) Raise R Hip, (8) Bring hip back down
