

Jive, Jive, Jive (Chair Dance)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 0 级数: Beginner - Chair Dance for seniors
编舞者: Georgie Mygrant (USA) - January 2024
音乐: Jive Jive Jive - The Davitt Country Band



Intro: 16 counts (slow count)

Make sure you sit nice and tall, and towards the front of the chair. Keep you back straight. Never slouch!

Tap R Fwd. Combo, Repeat on L

1-4 Tap R heel fwd. Touch R Back, Touch R to R side, Return R to center
5-8 Repeat same on L

Walk Fwd. Walk Back

1-8 Walk Fwd. R/L/R/L. Walk Back, R/L/R/L

Raise R Knee, Swing it to the R and back, Step R down to center, Repeat on L

1-4 Lift R knee, Swing it to the R, Return to center, Step R down
5-8 Lift L knee, Swing it to the L, Return to center, Step L down

V Step 2x's

1-8 Step R fwd. diagonally, Step L fwd. diagonally, Step R back to center, Step L back to center,
Repeat

#2 more times.

That's it! Just another fun song to a fun routine for all seniors or anyone. Let me know if you or they like it!
All I ask is that you do not alter my routine without my permission.

Thank You, Georgie

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