

EZ No Matter What

拍数: 32 墙数: 1 级数: Beginner
编舞者: Wanda Heldt (AUS) - January 2024
音乐: No Matter What - Boyzone
或: Stand By Your Man - The Chicks



1 or 2 wall dance

Split floor with "No Matter What" by Fred Knopps - My most favourite dance to do.

STEP SIDE, TOGETHER, SIDE SHUFFLE, CROSS, RECOVER, 1/4 TURN LEFT SHUFFLE

1-2 Step Right to Right side, Step Left next to Right.
3&4 Side shuffle R.L.R.
5-6 Cross Left over Right, Recover on Right.
7&8 1/4 Turn Left shuffle forward L.R.L. [9:00]

STEP SIDE, TOGETHER, SHUFFLE FORWARD, ROCK, RECOVER, 1/4 TURN SIDE SHUFFLE L.R.L Or LEFT SAILOR STEP

1-2 Step Right to Right side, Step Left next to Right.
3&4 Shuffle forward R.L.R.
5-6 Rock forward on Left [Dip], Recover on Right.
7&8 1/4 turn left Sailor step or Side shuffle L.R.L. [6:00]

SIDE ROCK, RECOVER, CROSS SHUFFLE, SIDE ROCK RECOVER, CROSS SHUFFLE

1-2 Rock to Right side, Recover on Left.
3&4 Cross Right over Left, Step Left, Cross Right over Left.
5-6 Rock to Left side, Recover on Right.
7&8 Cross Left over Right, Step Right, Cross Left over Right.

STEP FORWARD, PIVOT 1/2 LEFT, RIGHT SHUFFLE SWAY HIP L. R, CROSS SHUFFLE or TRIPLE ON THE SPOT

1-2 Step forward on Right Pivot 1/2 turn Left. [Wt. on L] [12]
3&4 Right shuffle forward R.L.R.
5-6 Sway L.R.
7&8 Triple on the spot L.R.L. or Cross Shuffle.

****As a 2 Wall and Harder Option:-**

STEP FORWARD, PIVOT 1/2 LEFT, SHUFFLE 1/2, SWAY HIP L.R, CROSS SHUFFLE

1-2 Step forward on Right Pivot 1/2 turn Left. [Wt. on L] [12]
3&4 Shuffle 1/2 turn Right R.L.R. [6]
5-6 Sway Hips L.R.
7&8 Cross shuffle L.R.L or Triple on the spot.

[With music:- No Matter What - Near the end of the song the music slows down and stops then starts again. Continue dancing at the same pace and you will stay in time when the music starts again]

Restart Dance...

HAVE FUN IN LIFE & IN DANCE

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