

The Sorrow

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Say It Isn't So - Gareth Gates



Start on vocals - Intro: 16 counts - 1X Tag & 1X Restart

SEC.I - AKA WIZARD'S, ROCK-STEP-TOGETHER 2X

- 1- Step RF fwd Right diagonal
- 2- Lock LF behind RF
- &- Step RF beside LF
- 3- Step LF fwd Left diagonal
- 4- Lock RF behind LF
- &- Step LF beside RF
- 5- Step RF fwd
- 6- Recover on LF
- &- Step RF together
- 7- Step LF fwd
- 8- Recover on RF
- &- Step LF together

SEC.II - CROSS UNWIND 3/4 TURN LEFT, REVERSE WEAWE, STEP FWD, LOCK BEHIND, UNWIND FULL TURN LEFT, PIVOT 1/4 TURN LEFT

- 1- Cross RF over LF
- 2- Unwind 3/4 turn Left with sweep LF from front to back
- 3- Cross LF behind RF
- &- Step RF to Right side
- 4- Cross LF over RF with sweep RF from back to front
- 5- Step RF fwd
- &- Lock LF behind RF
- 6- Unwind full turn Left (weight on LF)
- 7- Step RF fwd
- 8- Pivot 1/2 turn Left (weight on LF)

***Restart here on wall 4 facing (9:00)**

SEC.III - SYNCOPATED WEAWE, CONTINUE REVERSE WEAWE, BACK ROCK, 1.1/4 TURN LEFT (MOVING FWD)

- 1- Cross RF over LF
- &- Step LF to Left side
- 2- Cross RF behind LF with LF sweep from front to back
- 3- Cross LF behind RF
- &- Step RF to Right side
- 4- Cross LF over RF
- 5- Step RF back
- 6- Recover on LF
- 7- Make a 1/2 turn Left stepping RF back
- &- Make a 1/2 turn Left stepping LF fwd
- 8- Turn 1/4 Left step RF to Right side (weight on RF)

SEC.IV - CROSS BACK ROCK, SIDE, CROSS BEHIND, STEP 1/4 TURN LEFT, PIVOT 1/2 TURN LEFT, TURN 1/2 LEFT, SAILOR 1/4 TURN LEFT

- 1- Step LF back Right diagonal

- 2- Recover on RF
- &- Step LF to Left side
- 3- Cross RF behind LF
- 4- Step 1/4 turn Left stepping LF fwd
- &- Step RF fwd
- 5- Pivot 1/2 turn Left (weight in the middle)
- 6- Make a 1/2 turn Left stepping RF back with LF sweep from front to back
- 7- Cross LF behind RF
- &- Step RF to Right side
- 8- Step LF fwd

Begin again

***Tag at the end of wall 2 facing (6:00)**

SYNCOPATED ROCKING CHAIR

- 1- Step RF fwd
- &- Recover on LF
- 2- Step RF back
- &- Recover on LF (weight on LF)

****Restart on wall 4 after 16 counts facing (9:00)**

*****Finish on the 9th wall after 12 counts facing (12:00) & follow the next step - Cross RF over LF with sweep from back to front and pose!**

Enjoy & have fun!

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