

# At Your Worst

**COPPER** KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Rikke Aaris Sylvestersen (DK) - February 2024  
音乐: At Your Worst - Calum Scott : (iTunes)



#4 Counts intro – app. 5 sec. – begin on the word “Worst”

**NO TAGS AND NO RESTARTS**

**[1-8] WALK R FW, WALK L FW, SHUFFLE FW, ROCK L, CHASSE ¼ L**

- 1 – 2      Step fw on R, Step fw on L
- 3 & 4      Step fw on R, Step L next to R, Step fw on R
- 5 – 6      Rock fw on L, Recover on R
- 7 & 8      Turn ¼ L Step L to L side, Step R next to L, Step L to L side (9:00)

**[9-16] R CROSS ROCK, R SIDE ROCK, R SAILOR STEP, ½ UNWIND L**

- 1 – 4      Cross Rock R in front of L, Recover on L, Rock R to R side, Recover on L
- 5 & 6      Sweep R behind L, Step L small step to L, Step R to R
- 7 – 8      Touch L behind R, Unwind ½ L step down on L foot (3:00)

**[17-24] ROCKING CHAIR, SAMBA STEP X2**

- 1 – 4      Rock fw on R, Recover on L, Rock back on R, Recover on L
- 5 & 6      Cross R in front of L, Rock L to L side, Step R to R diagonal (4:30)
- 7 & 8      Cross L in front of R, Rock R to R side, Step L to L diagonal (1:30)

**[25-32] WEAVE L, SWEEP L, BEHIND SIDE CROSS, SWEEP R**

- 1 – 4      Cross R in front of L, Step L to L side, cross R behind L, Sweep L from front to back
- 5 – 8      Cross L behind R, Step R to R side, Cross L in front of R, Sweep R from back to front (3:00)

**ENJOY**

**ENDING: After Wall 10 – start (3:00) ends (6:00) make a ½ Pivot L**

- 1 – 2      Step fw on R, Turn ½ L step fw on L

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