Chammak Challo EZ



拍数: 48 墙数: 4 级数: Beginner

编舞者: Maryse Fourmage (FR) - 10 February 2024 音乐: Chammak Challo - Akon & Hamsika Iyer



Start: 16s. approximately (On the lyrics 'Girl you are my Chammak Challo')

Sequence: A-A-A-A-A-32-A-A-A

[1-8] Diagonal R, Touch, Bump

1-2 RF FW in the diagonal R, LF next to RF

3-4 RF FW in the diagonal R, Touch LF next to RF

5-6-7-8 Bump Lx4

[9-16] Diagonal L, Touch, Bump

1-2 LF FW in the diagonal L, RF next to LF

3-4 LF FW in the diagonal L, Touch RF next to LF

5-6-7-8 Bump Rx4

[17-24] V-Step, Touch, V-Step 1/4 R, Touch

1-2 RF FW in the diagonal R, LF FW in the diagonal L

3-4 RF Back, LF next to RF

5-6 Make ¼ R with RF FW in the diagonal R, LF FW in the diagonal L

7-8 RF Back, LF next to RF

[25-32] Vine, Touch, Vine, Touch

1-2-3 RF to the R side, LF behind RF, RF to the R side

4 Touch LF next to RF

5-6-7 LF to the L side, RF behind LF, LF to the L side

8 Touch RF next to LF

[33-40] Point, Side, Point, Side, Hip Sway

1-2 Point RF FW, RF to the R side

3-4 Point LF FW, LF to the L side (stay weigth on RF)

5-6-7-8 Hip Sway L-R-L-R (Option: 8 Roll or Hip Roll) Weight is on RF

[41-48] Point, Side, Point, Side, Hip Sway

1-2 Point LF FW, LF to the L side

3-4 Point RF FW, RF to the R side (stay weight on LF)

5-6-7-8 Hip Sway R-L-R-L (Option: 8 Roll or Hip Roll) Weight is on LF

NOTA: For the arms, watch the video

Smile et enjoy the dance

Contact: maellynedance@gmail.com

Last Update: 14 Feb 2024