

Chammak Challos EZ

拍数: 48 墙数: 4 级数: Beginner
编舞者: Maryse Fourmage (FR) - 10 February 2024
音乐: Chammak Challos - Akon & Hamsika Iyer



Start: 16s. approximately (On the lyrics 'Girl you are my Chammak Challos')
Sequence: A-A-A-A-A-32-A-A-A-A

[1-8] Diagonal R, Touch, Bump

1-2 RF FW in the diagonal R, LF next to RF
3-4 RF FW in the diagonal R, Touch LF next to RF
5-6-7-8 Bump Lx4

[9-16] Diagonal L, Touch, Bump

1-2 LF FW in the diagonal L, RF next to LF
3-4 LF FW in the diagonal L, Touch RF next to LF
5-6-7-8 Bump Rx4

[17-24] V-Step, Touch, V-Step ¼ R, Touch

1-2 RF FW in the diagonal R, LF FW in the diagonal L
3-4 RF Back, LF next to RF
5-6 Make ¼ R with RF FW in the diagonal R, LF FW in the diagonal L
7-8 RF Back, LF next to RF

[25-32] Vine, Touch, Vine, Touch

1-2-3 RF to the R side, LF behind RF, RF to the R side
4 Touch LF next to RF
5-6-7 LF to the L side, RF behind LF, LF to the L side
8 Touch RF next to LF

[33-40] Point, Side, Point, Side, Hip Sway

1-2 Point RF FW, RF to the R side
3-4 Point LF FW, LF to the L side (stay weight on RF)
5-6-7-8 Hip Sway L-R-L-R (Option : 8 Roll or Hip Roll) Weight is on RF

[41-48] Point, Side, Point, Side, Hip Sway

1-2 Point LF FW, LF to the L side
3-4 Point RF FW, RF to the R side (stay weight on LF)
5-6-7-8 Hip Sway R-L-R-L (Option : 8 Roll or Hip Roll) Weight is on LF

NOTA : For the arms, watch the video

Smile et enjoy the dance
Contact: maellynedance@gmail.com

Last Update: 14 Feb 2024