Beyonce's Country



拍数: 32 墙数: 4 级数: High Beginner / Improver

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2024

音乐: TEXAS HOLD 'EM - Beyoncé



Notes: HAVE FUN!

Section 1 - (Counts 1-8) WALK, WALK, OUT OUT IN IN, HEEL SWITCHES, 1/4 HITCH

1,2 R walk forward, L walk forward

&3&4 Step R out to R side, Step L out to L Side, Bring R back to Center, Bring L back to Center

5&6& R Heel, R to Center, L Heel, L to Center,

7,8 R heel scuff ¼ turn R with hitch, step R forward

Section 2- (Counts 9-16) STEP, LOCK, STEP, LOCK, STEP, ¼ PADDLE, ¼ PADDLE

1,2,3&4 L step forward, R lock behind left, L step forward, R lock behind left, L step forward 5,6,7,8 R step forward, ¼ pivot over L shoulder (LF takes weight), R step forward, ¼ pivot over L

shoulder (LF takes weight)

Styling Tip: roll your hips as you do the pivot turn, and use your arms like a Lasso

Section 3 (Counts 17-24) CAMEL WALKS, MAMBO, KNEE POPS, MAMBO

1,2 Scoot forward into RF while popping L knee, Scoot forward into LF while popping R knee (*Styling Tip: add Beyoncé arms by reaching your right arm towards your right foot while bringing your left hand towards your left hand. Do this on each side for the camel walks)

Rock forward on R, Recover weight on L, Step back on R

5,6 Step back on L while popping R knee, Step back on R while popping L knee,

7&8 Rock back on L. Recover weight on R. Step forward on L.

*optional 7&8 as a coaster step (LRL)

Section 4 (Counts 25-32) V STEP (w/claps optional), PIVOT, KICK, STOMP STOMP

1,2,3,4 Step R foot diagonally (& Clap), Step L foot diagonally (& Clap), Step R back to center (&

Clap), Step L next to R (& Clap)

• Styling Tip: add a clap on the "&" count after every step in the V step)

5,6 Step R forward, half pivot turn left

7&8 Kick R foot forward, Bring R back to center and stomp, stomp L foot

DANCE TIP: Tag during 2nd wall. Dance the first 16 counts then do 4 camel walks. Start from beginning.

Last Update: 26 Feb 2024