I Know Nothing

拍数: 32

级数: Beginner

编舞者: Egle Jürimets (EST) - January 2024

音乐: (nendest) narkootikumidest ei tea me (küll) midagi - 5MIINUST & Puuluup

RF KICK FWD, BACK, FWD, BACK, RF HITCH, STEP, LF HITCH, TOUCH (optional hands)

- 1-2 RF kick forward, RF kick back
- 3-4 RF kick forward, RF kick back
- 5-6 RF hitch, step RF next to the LF ending weight on RF

Optional hands for counts 5-6: RH to the right side, same time LH in front of your chest

7-8 LF hitch, touch LF next to RF

Optional hands for counts 7-8: LH to the left side, same time RH in front of your chest

LF KICK FWD, BACK, FWD, BACK, LF HITCH, STEP, RF HITCH, TOUCH (optional hands)

- 1-2 LF kick forward, LF kick back
- 3-4 LF kick forward, LF kick back

5-6 LF hitch, step LF next to the LF ending weight on LF

Optional hands for counts 5-6: LH to the left side, same time RH in front of your chest

7-8 RF hitch, touch RF next to LF

Optional hands for counts 7-8: RH to the right side, same time LH in front of your chest

RF STEP FWD, ½ PIVOT TURN, 2x RUN STEPS FWD RF-LF, RF SIDE WITH WAVING HANDS

- 1-2 RF step forward, ¹/₂ turn left ending weight on your LF (facing 6:00)
- 3-4 RF running step forward, LF running step forward
- 5-6 RF step R side waving hands above your head to the right, recover weight onto LF waving hands above your head to the left
- 7-8 Recover weight onto RF waving hands above your head to the right, recover weight onto LF waving hands above your head to the left

RF ¼ TURN L STEPPING SIDE X 4 (optional hands)

1-2	RF step side with 1/4 turn right (facing 3:00), recover weight onto LF
Optional hands for counts 1-2:	
1	count: RH to the right side, same time LH in front of your chest
2	count: LH to the left side, same time RH in front of your chest
3-4	RF step side with 1/4 turn right (facing 12:00), recover weight onto LF
Optional hands for counts 3-4:	
3	count: RH to the right side, same time LH in front of your chest
4	count: LH to the left side, same time RH in front of your chest
5-6	RF step side with ¼ turn right (facing 9:00), recover weight onto LF
Optional hands for counts 5-6:	
5	count: RH to the right side, same time LH in front of your chest
6	count: LH to the left side, same time RH in front of your chest
7-8	RF step side with ¼ turn right (facing 6:00), recover weight onto LF
Optional hands for counts 1-2:	
7	count: RH to the right side, same time LH in front of your chest
8	count: bring both hands back down





墙数: 2