Blown' Smoke

拍数: 32

级数: Beginner

编舞者: Georgie Mygrant (USA) - February 2024

音乐: Blowin' Smoke - Teddy Swims

Intro: 8 counts (or wait for 32 counts, then begin)

Step R Fwd. L knee Up, Repeat on L, Walk Back

- 1-4 Step R fwd. Lift L knee up, Step L fwd. Lift R knee up
- 5-8 Walk back R/L/R/L

Vine R, Turn ¼ L, Cross Point R/L

- 1-4 Step R to R side, Step L behind R, Step to R turning ¼ L, Step on L
- 5-8 Step R fwd. Point L to L side, Step L fwd. Point R to R side

Rocking Chair, Pivot ¼, ¼ L

- 1-4 Step R fwd. Rock back on L, Rock back on R, Return L fwd.
- 5-8 Step R fwd. turning ¼ L on L, Step R fwd. turning ¼ L

Step R, Sway hips 2x's R, 2x's L, Out, Out, In, In

- 1-4 Step R to R, Sway Hips to R 2x's, to L 2x's
- 5-8 Step to R, Step to L, Step R to center, Step L to center

That's it! Nice and easy. All I ask is that you do not alter routine without my permission. Thank you, Georgie mygeo@adamswells.com or mygrantg@gmail.com





墙数:4

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