

# AB Sleepy Lion

**COPPER KNOB**  
STEPPERS

拍数: 32      墙数: 1      级数: Absolute Beginner / Beginner  
编舞者: Janet Cummings (USA) - February 2024  
音乐: The Lion Sleeps Tonight - The Tokens  
或: We Like To Party - Vengaboys



**Intro: 32 Counts - No Tags or Restarts**

**\*\*\*Alternate Track Choice...We Like To Party by Vengaboys**

**Start with Weight on Left...**

## **SECTION 1: WALK FORWARD, BRUSH, WALK FORWARD, BRUSH; V**

1, 2, 3, 4      R Walk Forward, L Brush, L Walk Forward, R Brush  
5, 6      R Step Diagonally Forward, L Step Diagonally Forward  
7, 8      R Step Back to Center, L Step Back to Center

## **SECTION 2: R DIAGONAL BACK, L TOUCH, L DIAGONAL BACK, R TOUCH; R DIAGONAL FORWARD, L TOUCH, L DIAGONAL FORWARD, R TOUCH**

1, 2, 3, 4      R Step Diagonally Back, L Touch, L Step Back Diagonally, R Touch  
5, 6, 7, 8      R Step Diagonally Forward, L Touch, L Step Diagonally Forward, R Touch

## **SECTION 3: RUMBA BOX BACK**

1, 2      R Step to Side, L Follow  
3, 4      R Step Back, L Touch  
5, 6      L Step to Side, R Follow  
7, 8      L Step Forward, R Touch

## **SECTION 4: TRI ROCKER, TWIST**

1, 2      R Rock Forward, L Recover  
3, 4      R Rock to Side, L Recover  
5, 6      R Rock Back, L Recover  
7, 8      Bring R foot Forward – then on Both Feet, Twist Left, then Twist Back to Center

**NOTE: For Beginners +...to make this a 4-Wall dance, in Section 4 - stay in pattern for steps 1- 6, then turn ¼ Left, Sway Right (7), Sway Left (8). Begin with Section 1.**

Have fun with this dance, it is # 28 in our AB Series...be a little sassy!

The oldie but goodie track comes from the Doo Wop Era, and is simple and uncomplicated. If you use the Alternate by the Vengaboys it is quicker and a lot of fun, still NO tags or restarts!

Thank you all for joining me on my blessed journey. Be safe and well everyone! I hope to see you on a dance floor somewhere...God bless.

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