Second Chance

拍数: 32

级数: Improver

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音乐: Cruising for Bruising - Basia

Start on vocal

S1 : SIDE, BEHIND, RECOVER, ¼ R SIDE SHUFFLE, CROSS

- Step LF to L side, cross RF behind LF, recover on LF 123
- 4 & 5 Step RF to R side, LF together RF, ¼ turn R step RF forward
- 678 Step LF forward, 1/4 turn R recover on RF, cross LF over RF

S2 : SIDE ROCK RECOVER W/ BAND KNEE, RECOVER, FWD, SCURF, JAZZ BOX

- 12 Step RF to R side, recover on RF (w/ band knee)
- 34 In place RF (w/ band knee), step LF forward
- Scurf RF beside LF, cross RF over LF 56
- 78 Step back LF, RF together LF

S3 : SHUFFLE LEFT ROCK RECOVER (CHASSE), SHUFFLE RIGHT ROCK RECOVER (CHASSE)

- 1&2 Step LF to L side, RF together LF, step LF to L side
- 34 Rock back on RF, recover on LF
- 5&6 Step RF to R side, LF together RF, step RF to R side
- 78 Rock back on LF, recover on RF

S4 : SIDE ROCK RECOVER W/ BAND KNEE, FWD, ¼ R JAZZ BOX

- 12 Step LF to L side (w/ band knee), recover on RF (w/ band knee)
- 34 Step LF forward, cross RF over LF
- 56 1/4 turn R step back on LF, step RF to R side
- 78 Step LF forward, RF together LF

Note : no tag no restart





墙数:4