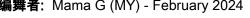
Itni Si Hasi

拍数: 32

级数: Beginner

编舞者: Mama G (MY) - February 2024



音乐: Aashiyan - Shreya Ghoshal, Nikhil Paul George & Pritam

墙数: 4



Intro : 32 counts to start from heavy beat

NO TAGS, NO RESTARTS

PART 1: TOE STRUTS WITH HIP BUMPS AND ROCKING CHAIRS

- Point RF forward, bump right hip forward, back, forward, transferring weight onto right, point 1-4 LF forward, bump left hip forward, back, forward, transferring weight onto left
- Rock forward RF, recover onto LF, rock back RF, recover onto LF 5-8

PART 2: TOE STRUTS WITH HIP BUMPS AND ROCKING CHAIRS

- Point RF forward, bump right hip forward, back, forward, transferring weight onto right, point 1-4 LF forward, bump left hip forward, back, forward, transferring weight onto left
- 5-8 Rock forward RF, recover onto LF, rock back RF, recover onto LF

PART 3: JAZZ BOX ¼ TURN RIGHT X2

- Cross RF over LF, step LF back, turn 1/4 right, step LF forward (3.00) 1-4
- 5-8 Cross RF over LF, step LF back, turn 1/4 right, step LF forward (6.00)

PART 4: V STEP AND 1/2 PIVOTS WITH HIP ROLLS

- 1-4 Step out RF forward diagonal right, step LF to left side, step RF back to center, close LF beside RF
- 5-8 Step RF 1/2 right whilst rolling hips, step RF 1/2 right whilst rolling hips with weight on LF (3.00)

REPEAT DANCE

Enjoy and happy dancing!

Last Update: 28 Feb 2024