Don't Mess With My ...



拍数: 32 墙数: 4 级数: Absolute Beginner

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音乐: My Toot Toot - Tamra Rosanes : (CD: Footloose)



Intro: 64 Counts (Approx. 22 Seconds)

SUGAR FOOT STEPS; R & L.

1 – 2 – 3 Touch R toe next to L, touch R heel next to L toe, cross step R over L.

4 Hold for Count 4.

5-6-7 Touch L toe next to R, touch L heel next to R toe, cross step L over R.

8 Hold for Count 8. (12 O'CLOCK)

SIDE ROCK, CROSS. X2.

1-2-3 Rock R to R, recover onto L, cross step R over L.

4 Hold for Count 4.

5 – 6 – 7 Rock L to L, recover onto R, cross step L over R.

8 Hold for Count 8. (12 O'CLOCK)

VINE RIGHT. JAZZ BOX 1/4 TURN L.

1-2-3 Step R to R, cross step L behind R, step R to R.

4 Hold for Count 4.

5 – 6 – 7 Cross step L over R, step R back, make a ¼ turn L stepping L forward.

8 Hold for Count 8.

Optional: On Counts 4 and 8, you could replace the Holds with Brushes. (9 O'CLOCK)

STEP, LOCK, STEP. X2.

1 – 2 – 3 Step R forward, lock L behind R, step R forward.

4 Hold for Count 4.

5 – 6 – 7 Step L forward, lock R behind L, step L forward.

8 Hold for Count 8.

Optional: On Counts 4, you could replace the Hold with a Brush.

Note: You could replace the Locks with Togethers for an easier option. (9 O'CLOCK)

END OF DANCE! □