

Natural Disaster

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Nathalie LATERRIERE (FR) - February 2024
音乐: Natural Disaster - Jealous Friend & Katarina



Start : 16 Counts - No Tag No Restart

S1 : VINE TOUCH R, ROCK STEP R, STEP BACK L, TOUCH R [12:00-12:00]

- 1-2 Step RF to R side, step LF behind RF
- 3-4 Step RF to R side, Touch LF next to RF
- 5-6 Rock forward onto LF, recover back onto RF
- 7-8 Step back LF, Touch RF next to LF

S2: RUMBA BOX R FORWARD, HOLD, RUMBA BOX L BACKWARDS, HOLD [12:00-12:00]

- 1-2 Step RF to R side, step LF next to RF
- 3-4 Step RF forward , HOLD
- 5-6 Step LF to L side, step RF next to LF
- 7-8 Step back LF, HOLD

S3: SIDE R , TOUCH L, 1/4T L SIDE L, TOUCH R, JAZZBOX [12:00-9:00]

- 1-2 Step RF to R side, Touch LF next to RF
- 3-4 Turn ¼ T L stepping LF to L side, Touch RF next to LF (9 :00)
- 5-6 Step RF across LF, step back LF
- 7-8 Step RF to R side, step LF forward

S4: CROSS R POINT L, CROSS L POINT R, WALK BACK R/L, ROCK R FORWARD WITH BUMP, RECOVER L WITH BUMP [9:00-9:00]

- 1-2 Step RF forward slightly across LF, point LF out to L side
 - 3-4 Step LF forward slightly across RF, point RF out to R side
 - 5-6 Step back RF, step back LF
 - 7-8 Transfer weight forward onto RF with a bump, recover back onto LF with a bump
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