

Like A Lady

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Beverly Serafin (USA) - March 2024
音乐: Like a Lady - Lady A



Start 8 counts after the second "Lady"

Point, Point, ¼ turning sailor, Rock/recover, triple ½ turn

1-2 point Rt foot forward, then to right side
3&4 ¼ turn right sailor step
5-6 rock forward on LT; recover on RT
7&8 triple shuffle ½ turn to left (LRL)

Lindy right and left

1&2 shuffle to right side,
3-4 rock back on Lt, recover
5&6 shuffle to left side
7-8 rock back on Rt, recover

Rock forward/recover, shuffle back, Rock back/recover, shuffle forward

1-2 rock Rt foot forward, recover on Lt
3&4 shuffle back (RLR)
5-6 rock Lt foot back, recover on RT
7&8 shuffle forward (LRL)

2 kick-ball-change turning, ¼ turn jazz box

1&2 kick Rt foot forward, step on Rt, step on Lt making a 1/8 turn to right
3&4 kick Rt foot forward, step on Rt, step on Lt making a 1/8 turn to right
5-8 cross Rt over Lt, step back on Lt, step Rt, step Lt making a ¼ turn to right