If You Love Me



编舞者: Helena Jeppsson (SWE) - March 2024

音乐: If you love me - Michael Schulte & Norma Jean Martine



Basic nightclub R, 1 ½ turn R, basic nightclub R, sway

1 2& Step RF to right side, step LF slightly behind RF, step RF in front of LF

3& Step LF to left side, make a ½ turn R on LF

4& Step down on RF to right side, make a ½ turn R stepping LF to left side

5 6& Make a ½ turn R stepping RF to right side, step LF slightly behind RF, step RF in front of LF

(facing 6:00)

7 8& Step LF to left side, sway R, L

RESTART on wall 3 (facing front wall)

Basic nightclub R, ½ turn R, cross, side, ¼ turn L, fwd, full turn R

1 2&	Step RF to right side, step LF slightly behind RF, step RF in front of L	F
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3& Step LF to left side, make a ½ turn R on LF

4& Step RF to right side, step LF slightly behind RF (facing 12:00)

5 Step RF to right side

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6 Make a ¼ turn L stepping fwd on LF (9:00)

7& Step fwd on RF, step fwd on LF

8& Make a ½ turn R putting weight onto RF, make a ½ turn R stepping back on LF

Sweep, behind, side, cross rock, side rock, back sweep, weave 1 Sweep RF from front to back

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2&	Step RF behind LF, step LF to left side
3&	Cross rock RF over LF, recover onto LF
4&	Rock RF to right side, recover onto LF
5	Step back on RF, sweep LF from front to back
6	Step back on LF, sweep RF from front to back
7&	Step RF behind LF, step LF to left side

Cross rock x2, ¼ turn L, fwd, ¼ turn L, cross, ½ turn R, side, cross

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Step RF across LF, step LF to left side

3 4& Cross rock LF over RF, recover, make a ¼ turn L stepping fwd on LF (6:00)

5 6 Step fwd on RF, make a ¼ turn L stepping fwd on LF (3:00)
7& Step RF across LF, make a ¼ turn R stepping back on LF

8& Make a ¼ turn R stepping RF to right side, step LF across RF (facing 9:00)