

Running to You

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Cheryl Levin (USA) - March 2024
音乐: Running (To You) - Chike & Simi
或: TEXAS HOLD 'EM - Beyoncé



Dance begins at count 8 on vocals.
One 8 count restart after Wall 3.

STEP, BEHIND, AND HEEL, AND CROSS (FUNKY VINE) OR REGULAR VINES (R and L)

1, 2, &3, &4 Step R to side, step L behind R, step R to side, L heel to L side, step L, cross R over L
5, 6, &7, &8 Step L to side, step R behind L, step L to side, R heel to R side, step R, cross L over R

SHUFFLE, STEP, PIVOT ½ TURN (R and L)

1&2, 3, 4, Shuffle, R, L, R, step on L, ½ pivot turn to R side
5&6, 7, 8, Shuffle L, R, L, step on R, ½ pivot turn to L side, pivot to L side

R ROCK, RECOVER, CROSS AND CROSS, L VINE

1, 2, 3&4 R rock to R side, recover on L, cross R over L, L step, cross R over L
5, 6, 7, 8 L vine, (L to side, R behind, L to side, step together)

L ROCK, RECOVER, CROSS AND CROSS, TURNING R VINE (¼ to R)

1, 2, 3&4 L rock to L side, recover on R, cross L over R, R step, cross L over R
5, 6, 7, 8, R vine turning ¼ to R, (R to side, L behind, R to side, step together)

One restart, 8 counts, funky vine or regular vine R, funky vine or regular vine L after Wall 3

End of Dance. Sequence repeats on next 3 walls.

Any questions? Email: cplevin@gmail.com
Keep on dancing!
