Country Can

拍数: 32

级数: Improver

编舞者: Séverine Fillion (FR) - February 2024

音乐: Country Can - Hannah Ellis

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Intro:1	2 counts		

[1-8] SKATES, TRIPLE FWD, MAMBO FWD, BACK x 2 with KNEE POP

墙数:4

- 1-2 Skate right foot diagonally right fwd, Skate left foot diagonally left fwd
- 3&4 Triple step right left right fwd
- 5&6 Rock fwd on left, recover on right, left step back
- 7-8 Right step back with knee pop left fwd, left step back with knee pop right fwd

[9-16] COASTER STEP, PUSH 1/4 TURN R x 2, CROSS SAMBA (LEFT & RIGHT)

- 1&2 Right step back, left next to right, right step fwd
- 3-4 Turn 1/4 right on right foot and point left toe to left side x 2 6:00
- 5&6 Left cross over right, right to right, left to left
- 7&8 Right cross over left, left to left, rigth to right

[17-24] CROSS, SIDE, SAILOR 1/4 TURN L, TRIPLE STEP FWD, FULL TURN R

- 1-2 Left cross over right, right to right
- 3&4 Left cross behind right, 1/4 turn left stepping right to right, left step fwd 3:00
- 5&6 Triple step right left right fwd
- 7-8 1/2 turn right stepping left back, 1/2 turn right stepping right fwd

[25-32] SIDE & BUMPS, TOUCH, KICK BALL POINT (R & L)

- 1 Left to left with hip bump to left
- 2 Recover on right to right side with hip bump to right
- 3 Recover on left to left side with hip bump to left
- 4 Touch right next to left

** RESTART here on wall 2 at 6:00

- 5&6 Kick right fwd, right next to left, point left to left side
- 7&8 Kick left fwd, left next to right, point right to right side

ENJOY & HAVE FUN !

Choreography written for Giorgia from Italy

