# Let Me Work

拍数: 64

级数: Intermediate

编舞者: Chantal Brick (FR) - March 2024

音乐: Doctor (Work It Out) - Pharrell Williams & Miley Cyrus

**墙数:**2

Interviet
وتسترك والاسترادا

COPPER KNO



#### Intro: 4 counts No tag, no restart

## [1-8] STEP TURN 1/2T. 1/4T CHASSE, CROSS, STEP, SAILOR 1/4T

- Step R fwd, 1/2 turn L, turn 1/4 L as you do shuffle R to the R (3 :00) 1-2,3&4
- 5,6 Cross L over R, step R to R side
- 7&8 Turn 1/8 L as you cross LF behind R (1:30), 1/8t to the L with RF to the R, step L fdw (12 :00)

## [9-16] STEP TURN ¼ T, KICK BALL STEP, ½ CIRCLE WITH STEP STEP AND SHUFFLE

- 1-2,3&4 Step R fwd, <sup>1</sup>/<sub>4</sub> turn L, kick R, step R beside L, step L fwd (9 :00)
- 5-6 1/8 turn L stepping R fwd, 1/8 turn L stepping L fwd
- 7&8 Continue the <sup>1</sup>/<sub>2</sub> turn L with shuffle : step R fwd, step L beside R, step R fwd (3:00)

#### [17-24] STEP, CROSS BEHIND, STEP, HEEL, RECOVER, CROSS OVER, STEP, CROSS BEHIND, 1/4T STEP, STEP TURN 1/2T

- 1-2& Step L to the L, cross R behind L, quickly step L to L side
- 3&4 R Heel to R diagonal, recover RF near LF, cross L over R
- 5-6& Step R to the R, cross L behind R, 1/4 turn R with RF fwd (6:00)
- 7-8 Step L fwd, 1/2 turn R (12:00)

## [25-32] SIDE SHUFFLE, BACK ROCK, ROLLIN VINE

- Step L to L side, step R beside L, step L to L side 1&2
- Rock R back, recover weight fwd onto L 3-4
- 1/4 turn R stepping R fwd, 1/2 turn R stepping L back, 1/4 turn R stepping R to R side, touch L 5-8 beside R (12:00)

## [33-40] KICK BALL POINT (2), CROSS BACK STEP CROSS BACK

- 1&2 Kick L, step L beside R, point R to R side
- 3&4 Kick R, step R beside L, point L to L side
- 5-6 Cross L over R, step R back
- &7-8 Step L to L side, cross R over L, step L back

## [41-48] MONTEREY TURN ½, POINT, ¼ T, ¾ T, STEP, RECOVER

1-2,3&4 Point RF to R, <sup>1</sup>/<sub>2</sub> turn R step R beside L, point L to L, step L beside R, point R to R (6:00) 5-8 1/4 turn R stepping R fwd, 3/4 turn recover L beside R, step R to R side, recover L beside R

## [49-56] HEEL AND HEEL, STEP TURN 1/2t, 1/4T STEP TOUCH, 1/4T STEP TOUCH

- 1&2& Heel R fwd, recover R beside L, heel L fwd, recover L beside R
- 3-4 Step R fwd, 1/2 turn L (12:00)
- 1/4 turn L stepping R to R side, touch L beside R 5-6
- 7-8 1/4 turn L stepping L to L side, touch R beside L

## [57-64] 1/4T STEP TOUCH, 1/4T STEP TOUCH, OUT OUT IN CROSS, ½ T RIGHT

- 1-2 1/4 turn L stepping R to R side, touch L beside R
- 1/4 turn L stepping L to L side, touch R beside L 3-4
- &5&6 Step R out to R diagonal, step L out to L diagonal, step R back to centre, cross L over R
- 7-8 Unwind <sup>1</sup>/<sub>2</sub> turn R bouncing heels (6:00)