I Been Like This



编舞者: Janice Kim (KOR) - March 2024

音乐: Been Like This - Meghan Trainor & T-Pain



Intro: 16 Counts - No Tag, No Restart

#1 Dorothy R-L, Kick, Back, Back Rock, Recover, Fwd

1 2& Step RF diagonally right forward, step LF behind RF, step RF forward 3 4& Step LF diagonally left forward, step RF behind LF, step LF forward

5 6 Kick RF forward, step RF back

7&8 Rock LF back, recover weight on RF, step LF forward

#2 Ball, Fwd rock, Recover, 3/4L Triple Step, (Side/Hitch, Slap Knee)x2, Side/Hitch, Double Clap

&1 2 Step RF next to LF, rock LF forward, recover on RF

3&4 Turn 1/2 left stepping LF forward(6:00), step RF next to LF, turn 1/4 left stepping LF

forward(3:00)

5&6& Step RF to right side hitching LF, slap left knee once, step LF in place hitching RF, slap right

knee once

***Styling: When hitching left and right knees, Slap them with both palms

7&8 Step RF in place hitching LF, double claps

#3 1/4L Shuffle, 1/2L Shuffle, Coaster, Walk, Walk

Turn 1/4 left stepping LF forward(12:00), step RF next to LF, step LF forward

Turn 1/2 left stepping RF back (6:00), step LF next to RF, step RF back

Step LF back, step RF next to LF, step LF forward

7 8 Step RF forward, step LF forward(6:00)

#4 Kick, 1/4R Kick, Coaster, 1/2L, 1/2L Back, Coaster

1 2 Kick RF forward, turn 1/4 left kicking RF forward(9:00) 3&4 Step RF back, step LF next to RF, step RF forward

5 6 Turn 1/2 left weighting on LF(3:00), turn 1/2 left stepping RF back(9:00)

7&8 Step LF Back, step RF next to LF, step LF forward

Hope you enjoy dancing!!

janice6205@empas.com

Search " Janice Kim" on YouTube, you can fine my choreographies