

Sed De Ti

拍数: 32 墙数: 4 级数: Beginner
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音乐: Sed de Ti - Dustin Richie



Intro : 32 counts - Tag : 1 (after wall 9)

SECTION 1 - Basic bachata R, L to side, point R forward, R to side, point L forward

1-4 RF to right, LF next to RF, RF to right, tap LF next to RF with left hip lift
5-6 LF to left, touch RF forward
7-8 RF to right, touch LF forward

SECTION 2 - Back rumba box, hook R over L, forward hitch x 2

1-2 LF to left, RF step next to LF
3-4 LF back, hook RF over LF
5-6 RF forward, hitch LF
7-8 LF forward, hitch RF

SECTION 3 - Weave to right side and then to left side

1-4 RF to right, LF behind RF, RF to right, tap LF next to RF with left hip lift
5-8 LF to left, RF behind LF, LF to left, tap RF next to LF with right hip lift

SECTION 4 - 1/4R Jazz Box, sway

1-2 Cross RF over LF, step LF back
3-4 RF to right with 1/4R turn (3:00), LF forward
5-8 RF to right with hip sway, sway hip to left, sway to right and back to left with weight on LF

TAG :

1-4 Anti-clockwise full circle hip roll