Rabbit's Foot



拍数: 60 墙数: 2 级数: Phrased Intermediate

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音乐: Movin' On Up (feat. Brandon Rogers) - SMO



Seq: A,B,B,A,B,B,A,B,B,A16 Restart,A,Tag,B,B1/3Ending

Intro: 16 seconds

Part A - 32 counts

[1-8] TOE TOUCH SWIVEL, HEEL TOUCH SWIVEL, KICK BALL CROSS, SIDE ROCK/RECOVER, BEHIND SIDE CROSS

1 2	R side toe touch with L heel swivel. R side heel touch with L toe swivel
1 4	1\ 3 UC UC UUC WILI L CC 3W VC . \ 3 UC CC UUC WILI L UC 3W VC

3&4 R diagonal kick, R ball touch besides L L cross over R

5 6 R side rock, recover back onto L

7&8 R cross behind L, L side step, R cross over L

[9-16] ¼ TURN BALL STEP, ¼ TURN WALK AROUND SHUFFLE STEP, ¼ TURN STEP, ¼ TURN STEP, L SHUFFLE FORWARD

&1 2 ½ turn counter clockwise L ball touch besides R, R steps forward, ¼ turn walk-ar

stepping forward

3&4 R step forward, L step besides R, R steps forward

5 6 ½ turn clockwise with L stepping back, ¼ turn clockwise with R stepping forward

7&8 L steps forward, R steps besides L, L steps forward

*4th A Sequence - 16 Count Restart

[17-24] CHARLSTON STEP FORWARD, CHARLESTON STEP BACK, SCUFF STOMP, HEEL SWIVEL X2 ½ TURN

12	Sweep R forward with ball touch forward, sweep R back into neutral weight shifting onto R
3 4	Sweep L back with ball touch back, sweep L forward into neutral weight shifting onto L
5&6	R scuff forward, R hitch up, R stomp forward
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7&8 ½ turn counter clockwise heel swivel x2 (weight shift ends on R)

[25-32] L COASTER STEP, ¼ TURN FLICK WITH SLAP, BRUSH ¼ TURN HEEL GRIND STEP, ¼ TURN FLICK WITH SLAP, BRUSH ¼ TURN HEEL GRIND STEP, ½ TURN PADDLE

1&2	L steps back,	R steps	besides L,	L steps forward

&3&4 L ¼ turn counter clockwise with R side flick and slap, R brush, ¼ turn clockwise heel grind

with R, weight shift onto R

&5&6 R ¼ turn clockwise with L side flick and slap, L brush, ¼ turn counter clockwise heel grind

with L, weight shift onto L

7&8& (½ turn sequence) R side rock, recover back on L, R side rock, recover back on L

Part B - 24 Counts

[1-8] R SIDE STOMP, HOLD, BALL SIDE ROCK/RECOVER, SAILOR STEP, CROSS BEHIND TOE TOUCH 3/4 UNWIND

1 2 R side stomp, hold

&3 4 L ball step besides R, R side step rock, recover back on L

R step cross behind L, L steps besides R, R steps forward diagonally L cross behind R with toe touch, ¾ turn unwind weight shifting from R to L

(At the end, perform ½ turn unwind instead of ¾ turn unwind to finish facing front wall)

[9-16] HOP STEP, HOP BACK WITH R HITCH UP, PONY STEP BACK X2, 1/4 TURN STEP, 1/2 TURN STEP

1 2	Hop forward onto R, hop back onto L with R hitch up
3&4	R steps back with L knee pop, L steps besides R, R steps back with L knee pop
5&6	L steps back with R knee pop, R steps besides L, L steps back with R knee pop
7 8	1/4 turn clockwise with R side step, 1/2 turn clockwise with L step while twisting torso towards
	right

[17-24] CROSS POINT WITH FINGER SNAP, $\frac{1}{4}$ TURN STEP, $\frac{1}{4}$ TURN SHUFFLE STEP, SAILOR STEP, BEHIND SIDE CROSS

1 2	R toe touch crossing behind L a right hand cross torso with finger snap, ¼ turn clockwise with
	R stepping forward
3&4	1/4 turn clockwise with L side step R steps besides L, L side step
5&6	R step crossing behind L, L steps besides R, R steps forward diagonally
7&8	L cross step behind R, R side step, L cross step over R

AFTER THE A SEQUENCE RESTART, AFTER FULL A SEQUENCE, 4 COUNT TAG - FULL TURN PADDLE

1&2&3&4& (Full turn sequence) R side rock, recover back on L, R side rock, recover back on L, R side

rock, recover back on L, R side rock, recover back on L

Last Update: 18 Mar 2024