

# Cajun In Kansas AB

**COPPER** KNOB  
STEPSHEETS

拍数: 16      墙数: 4      级数: Absolute Beginner  
编舞者: Helaine Norman (USA) - March 2024  
音乐: Cajun in Kansas - The Mudbugs Cajun & Zydeco Band



Intro: 16

## I. HEEL, TOE, SHUFFLE; HEEL, TOE, SHUFFLE

- 1-2      Touch R heel forward, touch R toe back
- 3&4      Step R forward, step L together, step R forward
- 5-6      Touch L heel forward, touch L toe back
- 7&8      Step L forward, step R together, step L forward

Optional for shuffles forward: Cha-cha-cha in place

## II. TOE STRUTS BACK X4; JAZZ BOX ¼ R-TURN

- 1&      Touch R toe back, drop R heel (with or without clap)
- 2&      Touch L toe back, drop L heel (with or without clap)
- 3&      Touch R toe back, drop R heel (with or without clap)
- 4&      Touch L toe back, drop L heel (with or without clap)
- 5&      Step R over
- 6&      Step L back
- 7&      Step R side making ¼ turn right (3:00)
- 8&      Step L together

Optional for Jazz Box: In place of doing a 4-step jazz box, do a toe strut for each step (touch toe, drop heel)

REPEAT

Helaine43@gmail.com