

This Is The Life

COPPER KNOB
STEPSHEETS

拍数: 16 墙数: 4 级数: Beginner
编舞者: Hiroko Carlsson (AUS) - March 2024
音乐: This Is The Life - LIZOT & KYANU



Intro: 8 counts)

[S1] Cross Rock, Side, Cross Rock, Side, Behind Rock, Side, Behind Rock, Side

1&2	Rock/cross R over L, Replace weight on L, Step R to the side
3&4	Rock/cross L over R, Replace weight on R, Step L to the side
5&6	Rock/cross R behind L, Replace weight on L, Step R to the side
7&8	Rock/cross L behind R, Replace weight on R, Step L to the side

[S2] Coaster Step, Step-Pivot 1/4R-Cross, Side Rock-Cross-Side-Behind Rock-Scissor- (Cross to start)

1&2	Step back on R, Step L beside R, Step forward on R
3&4	Step forward on L, Make a ¼ turn right recover weight on R (3:00), Cross L over R
5&6&	Rock R to the side, Replace weight on L, Cross R over L, Step L to the side
7&8&	Rock/cross R behind L, Replace weight on L, Step R to the side, Step L next to R

hirokoclinedancing@gmail.com