

Middle of the Night

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Low Advanced - Rolling 8
编舞者: Mike Liadouze (FR) - March 2024
音乐: MIDDLE OF THE NIGHT - Elley Duhé



Introduction: 8 counts

Sequence : 64c (12:00)/ 64c (6:00)/ 12c (Tag)/ last 40c (6:00)

[1-8] (CROSS POINT, TOUCH, POINT) x2, CROSS, KICK BALL CROSS, UNWIND ½ R, FULL TURN R

a1a2 Cross RF over LF, Point L toe side, Touch L toe behind LF, Point L toe side
a3a4 Cross LF over RF, Point R toe side, Touch R toe behind LF, Point R toe side
a5a6 Cross RF over LF, Step LF diagonally back kicking RF to R diagonal, Step RF together,
 Cross LF over RF
7a8 Unwind ½ turn R... Step RF forward, ½ turn R... Step LF back, ½ turn R... Step RF forward
 (6:00)

[9-16] (CROSS POINT, TOUCH, POINT) x2, CROSS, KICK BALL CROSS, UNWIND ½ L, FULL TURN L

a1a2 Cross LF over RF, Point R toe side, Touch R toe behind LF, Point R toe side
a3a4 Cross RF over LF, Point L toe side, Touch L toe behind RF, Point L toe side
a5a6 Cross LF over RF, Step RF diagonally back kicking LF to L diagonal, Step LF together, Cross
 RF over LF
7a8 Unwind ½ turn L... Step LF forward, ½ turn L... Step RF back, ½ turn L... Step LF forward
 (12:00)

[17-24] STEP ½ TURN L, RUN RUN LUNGE DOWN, RECOVER UP, TWINKLE, TWINKLE PREPPING TO ½ TURN L SWEEP

1-2 Step RF forward indicating to "come" with R hand, ½ turn L... Weight stays on RF (6:00)
&a3 Step LF forward, Step RF forward, Lunge LF forward present both hands from shoulder down
 palm facing up and arch upper body forward and roll down
4 Recover on RF back rolling body up from back to head
5&a6 Cross LF over RF, Step RF out, Step LF out, HOLD
7&a8 Cross RF over LF, Step LF out, Step RF out prepping body to R, ½ turn L... Recover on LF
 side sweeping RF forward (12:00)

[25-32] DIAMOND SHAPE FALLAWAY ¾ R, FULL SPIRAL TURN L w/ ARIAL RONDÉ, BALL TOUCH, PRESS FWD w/ CHEST POP, COASTER STEP

1&a Cross RF over LF, Step LF side, ⅛ turn R... Step RF back (1:30)
2&a Step LF back, ⅛ turn R... Step RF side, ⅛ turn R... Step LF forward (4:30)
3&a Step RF forward, ⅛ turn R... Step LF side, ⅛ turn R... Step RF back (10:30)
4&a Step LF back, ⅛ turn R... Step RF side, Step LF forward (9:00)
5a6 Step RF forward spiral full turn L... sweeping LF forward above ground, Step LF forward,
 Touch RF together
a7 Press R toe forward popping chest out, Recover on LF back tucking chest in
8&a Step RF back, Step LF together, Step RF diagonally forward R

[33-40] DIAMOND SHAPE FALLAWAY ¾ L, FULL SPIRAL TURN R w/ ARIAL RONDÉ, BALL TOUCH, PRESS FWD w/ CHEST POP, COASTER STEP

1&a Cross LF over LF, Step RF side, ⅛ turn L... Step LF back (10:30)
2&a Step RF back, ⅛ turn L... Step LF side, ⅛ turn L... Step RF forward (4:30)
3&a Step LF forward, ⅛ turn L... Step RF side, ⅛ turn L... Step LF back (1:30)
4&a Step RF back, ⅛ turn L... Step LF side, Step RF forward (12:00)
5a6 Step LF forward spiral full turn R... sweeping RF forward above ground, Step RF forward,
 Touch LF together

a7 Press L toe forward popping chest out, Recover on RF back tucking chest in
8&a Step LF back, Step RF together, Step LF forward

[41-48] STEP w/ HITCH, BOOGIE WALK FWD x3, ROCK FWD, RUN BACK x3, ¼ R BIG STEP SIDE, SAILOR STEP x2, BEND & SWIVEL R LEG (HEEL, TOE), KICK SIDE

1 Step RF forward hitching L knee
2&a Step LF forward rolling L knee out, Step RF forward rolling R knee out, Step LF forward rolling L knee out
3 Rock step RF forward
4&a Recover on LF back, Step RF back, Step LF back
5 ¼ turn R... Big step RF side dragging LF in (3:00)
6&a Cross LF behind RF, Step RF side, Step LF side
7&a Cross RF behind LF, Step LF side, Step RF side
8&a Bend R leg and swivel R heel out, Swivel R toe out, Straighten R leg and kick LF side

[33-40] DIAMOND SHAPE FALLAWAY ¾ L, FULL SPIRAL TURN R w/ ARIAL RONDÉ, BALL TOUCH, ROCK STEP w/ CHEST POP, COASTER STEP

1&a Cross LF over RF, Step RF side, ⅛ turn L... Step LF back (1:30)
2&a Step RF back, ⅛ turn L... Step LF side, ⅛ turn L... Step RF forward (10:30)
3&a Step LF forward, ⅛ turn L... Step RF side, ⅛ turn L... Step LF back (7:30)
4&a Step RF back, ⅛ turn L... Step LF side, Step RF forward (6:00)
5a6 Step LF forward spiral full turn R... sweeping RF forward above ground, Step RF forward, Touch LF together
a7 Press L toe forward popping chest out, Recover on RF back tucking chest in
8&a Step LF back, Step RF together, Step LF forward

[57-64] WALK AROUND FULL CIRCLE R

1-2 ⅛ turn R... Step RF forward, ⅛ turn R... Step LF forward
3-4 ⅛ turn R... Step RF forward, ⅛ turn R... Step LF forward
5-6 ⅛ turn R... Step RF forward, ⅛ turn R... Step LF forward
7-8 ⅛ turn R... Step RF forward, ⅛ turn R... Step LF forward

Option: on 1st wall clap your hands lightly on 1&a2&a3&a4&a5&a6&a7&a8

TAG after 2nd wall (12:00)

[1-12] BALANCE STEP x8 MAKING FULL TURN L, SWAY x3, ½ L w/ SWEEP

1&a Step RF side, Step LF slightly behind RF, Step RF in place
2&a Step LF side, Step RF slightly behind RF, Step LF in place
3&a ¼ turn L... Step RF side, Step LF slightly behind RF, Step RF in place (9:00)
4&a Step LF side, Step RF slightly behind RF, Step LF in place
5&a ¼ turn L... Step RF side, Step LF slightly behind RF, Step RF in place (6:00)
6&a Step LF side, Step RF slightly behind RF, Step LF in place
7&a ¼ turn L... Step RF side, Step LF slightly behind RF, Step RF in place (3:00)
8&a Step LF side, Step RF slightly behind RF, Step LF in place
9-10 ¼ turn L... Step RF side w/sway reaching out R hand side, Step LF side w/sway reaching out L hand side (12:00)
11-12 Step RF side with sway prepping body to R arms out, ½ turn L... Recover on LF side sweeping RF forward (6:00)

Restart the dance from count 25 (R diamond shape fallaway) (6:00)

ENDING: Step RF side and let your head fall forward (12:00)

Last Update: 9 Jun 2024
