Electric Energy AB



拍数: 32 墙数: 4 级数: Absolute Beginner

编舞者: Carrie Ann Earl (ES) - March 2024

音乐: Electric Energy - Ariana DeBose, Boy George & Nile Rodgers



Intro: 16 Counts (some versions have a 12 count intro) start on vocals

SECTION 1 3x WALKS FWD, KICK, 3x WALKS BACK, TOUCH

1,2,3,4 Step fwd on Right, Step fwd on Left, Step fwd on Right, Kick Left foot fwd

5,6,7,8 Step back on Left, Step back on Right, Step back on Left, touch Right beside Left.

SECTION 2 STEP RIGHT, TOGETHER. HEEL SPLITS, STEP LEFT, TOGETHER. HEEL SPLITS

2 Restarts here on Wall 5 (facing 12 00) & Wall 12(facing 6 00)		
7-8	Split both heels out, return both heels back to centre	
5-6	Step Left to Left side, Close Right beside Left	
3-4	Split both heels out, return both heels back to centre	
1-2	Step Right to Right side, Close Left beside Right	

SECTION 3 DIAGONAL STEP-TOUCHES FORWARD; DIAGONAL STEP-TOUCHES BACK

1-2	Step diagonally-forward Right on Right foot, touch Left foot beside Right (Clap)
3-4	Step diagonally-forward Left on Left foot, touch Right foot beside Left (Clap)
5-6	Step diagonally-back Right on Right foot, touch Left foot beside Right (Clap)
7-8	Step diagonally-back Left on Left foot, touch Right foot beside Left (Clap)

SECTION 4 GRAPEVINE RIGHT, TOUCH, GRAPEVINE LEFT 1/4 TURN, TOUCH

1-2	Step right to right side. Cross left behind right.
3-4	Step right to right side. Touch left beside right.
5-6	Step left to left side. Cross right behind left.

7-8 Make 1/4 turn left stepping left forward. Touch right beside left. (9.00)

Start again

2 Easy Restarts on Wall 5 & 12 – dance to count 16 and restart from the Beginning