

Beat Of Your Heart

COPPER KNOB
STEPSHEETS

拍数: 32

墙数: 4

级数: Improver / Intermediate -
Showdance style



编舞者: Thomas Malle (AUT) - March 2024

音乐: Beat Of Your Heart - Purple Disco Machine & ÁSDÍS

Intro: 32 counts (after heavy beat) No Tags, No Restarts

[1 – 8] Rock Step R, Coaster Step, Walk, Walk, Shuffle L

- 1, 2 RF Rock forward, Recover on LF
- 3 & 4 RF Step back, LF next to RF, RF Step forward
- 5, 6 LF Step forward, RF Step forward (Option: Full Turn)
- 7 & 8 LF Step forward, RF Step next to LF, LF Step forward

[9 - 16] Rock Step, ¼ Turn R Chasse R, Cross, Side, Behind, Point

- 1, 2 RF Rock forward, Recover on LF
- 3 & 4 ¼ Turn R RF Step to the right side, LF next to RF, RF Step to the right side
- 5, 6 LF Cross over RF, RF Step to the right side
- 7, 8 LF Cross behind RF, RF Point to the right side

[17 - 24] Cross, ¼ Turn R, ¼ Turn R, Chasse R, Cross, Side, Back Rock

- 1, 2 RF Cross over LF, ¼ Turn R LF Step back
- 3 & 4 ¼ Turn R RF Step to the right side, LF next to RF, RF Step to the right side
- 5, 6 LF Cross over RF, RF Step to the right side
- 7, 8 LF Rock back, Recover on RF

[25 – 32] Chasse L, Back Rock, Kick Ball Step 2x

- 1 & 2 LF Step to the left side, RF next to LF, LF Step to the left side
- 3, 4 RF Rock back, Recover on LF
- 5 & 6 RF Kick forward, RF next to LF, LF Step forward
- 7 & 8 RF Kick forward, RF next to LF, LF Step forward

Enjoy and have fun!!!

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