If You Only Knew



拍数: 32 墙数: 4 级数: Intermediate

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音乐: if you only knew - Alexander Stewart



Intro: 16C

1 Tag (2C after wall 3)

1 Restart (on wall 3 after 24C)

S1 SAMBA WHISK RL - VINE - SIDE ROCK

1 a2 Big step R to side , Step ball L slightly behind R, Recover on R
3 a4 Big step L to side , Step ball R slightly behind L, Recover on L
5&6& Step R to side , Cross L behind R , Step R to side, Cross L over R

7-8 Step R to side , Recover on L

S2 CROSS WITH SWEEP - CROSS - SIDE - BACK WITH SWEEP - CROSS BEHIND - SIDE - FORWARD RL - FULL TURN - FORWARD LR

1-2& Cross R over L with sweep L from back to front , Cross L over R , Step R to side
 3-4& Step L back with sweep R from front to back , Cross R behind L , Step L to side

5-6 Step R forward, Step L forward

7-8& Step R forward with spirsl full turn to left, Step L forward, Step R forward

S3 (FORWARD ROCK - CLOSE) RL - 1/4 TURN LEFT SIDE - BEHIND - SIDE - CROSS ROCK - SIDE

1-2& Step L forward , Recover on R , Close L together3-4& Step R forward , Recover on L , Close R together

5-6& 1/4 Turn left Step L to side (facing 09.00), Step R back, Step L to side

7-8& Cross R over L, Recover on R, Step R to side

STEP CHANCE

Here after count 8, On count & change "Step R to side" with "1/4 Turn left Close touch R together" than do the Restart

S4 CROSS ROCK - 1/4 TURN LEFT FORWARD LRL - FORWARD ROCK - SIDE ROCK - BACK ROCK - SIDE ROCK - CLOSE TOUCH

1-2& Cross L over R, Recover on R, ¼ Turn left Step L forward (facing 06.00)

3-4 Step R forward, Step L forward

5&6& Step R forward , Recover on L , Step R to side , Recover on L

7&8& Step R back, Recover on L, Step R to side, Close Touch R together

TAG: SWAY RL

1-2 Sway body to right, Sway body to left

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