My Redeemer Lives

拍数: 32

级数: Improver

编舞者: Ribka Tobing (INA) & Ria Lolong (INA) - March 2024 音乐: My Redeemer Lives - Nicole C. Mullen

START on Vocal ☆ 2 TAGS, 1 RESTART S1. BASIC NIGHT CLUB R-L. TURN ¼ L – BACK AND SWEEP L-R. COASTER STEP. STEP FORWARD 1 - 2&Step RF to side, Close LF slightly behind RF, Cross RF over LF 3 – 4& Step LF to side, Close RF slightly behind LF, Cross LF over RF 5 – 6 Turn ¼ left Step RF back as you sweep LF from front to back, Step LF back as you sweep RF from front to back (9:00) 7&-8& Step RF back, Close LF beside RF, Step RF forward, Step LF forward S2. ½ PIVOT L 2X, MODIFIED V STEP, ¼ TURN R, LUNGE, ROLLING VINE L WITH TOUCH Step RF forward, Turn 1/2 L Step LF in place (3:00), Step RF forward, Turn 1/2 L Step LF in 1&-2& place (9:00) Step RF diagonal right, Step LF diagonal left, Step RF back, Step LF back 3&-4& 5-6 Turn ¼ R Lunge/Rock RF to R side (12:00), Turn ¼ L stepping LF fwd (9:00) Turn 1/2 L stepping RF back (3:00), Turn 1/4 L stepping LF to side, Touch RF beside LF (12:00) 7&8 S3. SERPIENTE, ¼ TURN L, STEP FORWARD/HITCH, LONGSTEP BACK L-R, TOUCH 1 - 2Cross RF over LF sweeping LF fwd, Cross LF over RF, Step RF to side 3 - 48Step LF behind RF sweeping RF back, Step RF behind LF, Turn ¼ left stepping LF fwd (9:00)5 - 6Step RF fwd hitching L knee keeping LF Close to R leg, Longstep LF back dragging RF Longstep RF back dragging LF, Touch LF beside RF 7 – 8 S4. CROSS ROCK L - RECOVER, SIDE, CROSS ROCK R - RECOVER, SIDE, WALK FWD L-R, PRISSY WALK L-R-L. TURN 1/2R 1 - 2&Cross LF over RF, Recover on RF, Step LF to side 3 - 48Cross RF over LF, Recover on LF, Step RF to side 5 – 6 Step LF forward, Step RF forward ☆ RESTART here on Wall 4 facing 9:00 after 30 counts with Step Change here on count 5 – 6 "&" Step LF forward, Step RF forward, Close LF beside RF (&) 7& 8& Step LF forward, Step RF forward, Step ball of LF beside RF, Spin LF ball ½R move body weight to LF (3:00) Tag 1 (4 Counts) after Wall 2: 1 - 2&Step RF to R side swaying R-L-R (6:00) 3 - 48Turn ¼ right stepping LF to L side swaying L-R-L touching RF beside LF (9:00) Tag 2 (2 Counts) after Wall 5: Step RF to R swaying R-L (12:00) 1 - 2End of Dance: On Wall 7 dance to 12 counts, facing 12:00

Enjoy the Dance! Email: sandrapal59@gmail.com





墙数:4