Single Life

拍数: 32

级数: Low Intermediate

编舞者: Jen Ski (USA) - April 2024

音乐: We'll Break Up - Cheat Codes & Adam Doleac

[1-8]: Side rock, Forward rock, Step back ½ turn, ¼ turn

- 1,2,3,4 Step out to the right recover on left, step forward on right recover on left
- 5 Step back on right
- 6 Half turn left stepping forward on left
- 7 Step forward on right
- 8 ¼ turn left putting weight on left

[9-16]: Knee sweep, behind and scuff, rock recover, ¼ turn step

- 1,2 Right knee hitch, sweep right foot from front to back
- 3&4 Right foot continues from sweep stepping behind left (3) Step out with left (&) Then scuff right foot crossing over left (4)
- 5,6 Rock right over left and recover
- 7 Quarter turn to right stepping forward on right
- 8 Step forward on left

[17-24]: Charleston 2x with a 1/4 turn right each time

- 1&2&3&4 Charleston starting with right forward with a quarter turn right
- 5&6&7&8 Charleston starting with right forward with a quarter turn right

[25-32]: Step forward with body roll, Step lock 1/4 turn cross

- 1 Step forward on right
- 2,3,4 Bump hips back forward back, leaving weight on left at the end
- 5,6 Step up on right lock left behind starting a ¼ turn to left
- 7 Step out on right finishing the ¼ turn left
- 8 Cross left over right





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墙数:4