

# Catch My Wave

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Tim Johnson (UK) - April 2024  
音乐: Catch My Wave - KENA



Count In: Dance begins after 4 counts (on the words "look out")

Notes: 16 count tag happens at the end of wall 1 and wall 3 (on the second tag at the end of wall 3, add 4-counts walking round  $\frac{3}{4}$  turn, ending at 6 o'clock) .

**[1-8] R rock recover, weave left,  $\frac{1}{4}$ ,  $\frac{1}{4}$  point, weave left.**

1-2              Rock R out to right side (1) recover weight onto L (2)  
3&4              Step R behind L (3) Step L to left side (&) Step R over L (4)  
5-6              Making a  $\frac{1}{4}$  turn left, step forward on L (5) Making another  $\frac{1}{4}$  turn left, point R out to right side (6)  
7&8              Step R behind L (7) Step L to left side (&) Step R over L (8)  
**\*end facing 6.**

**[9-16] Walk L, R L shuffle,  $\frac{1}{4}$ , touch, side,  $\frac{1}{4}$  bounce bounce.**

1-2              Walk forward L (1) Walk forward R (2)  
3&4              Step forward L (3) Step R behind L (&) Step forward L (4)  
5-6 -7           Making a  $\frac{1}{4}$  turn left, step R out to right side (5) touch L next to R (6) Touch L out to left side as you look to the left (7)  
&8              Making a  $\frac{1}{8}$ th of a turn left, bounce both heels to the right (&) Making a  $\frac{1}{8}$ th of a turn left, bounce both heels to the right (8)  
**\*End facing 12, with weight on R – for styling, on the second bounce you can sit your weight back into your hip**

**[17-24] Walk L, R, L shuffle, & collect, R cross,  $\frac{1}{4}$ ,  $\frac{1}{2}$  shuffle.**

1-2              Walk forward L (1) Walk forward R (2)  
3&4              Step forward L (3) step R behind L (&) step forward L (4)  
&5-6              Making an  $\frac{1}{8}$  turn left, step R to right side (&) step L next to R (5) Cross R over L (6)  
7-8&              making a  $\frac{3}{8}$ th of a turn right, step back on L (7) making a  $\frac{1}{6}$ th of a turn right, step round on R (8) making a  $\frac{1}{6}$ th of a turn right, step L behind R (&)

**[25-32] L mambo, R step back,  $\frac{1}{4}$  behind,  $\frac{1}{4}$ , forward, out, out R, L**

1                Making a  $\frac{1}{6}$ th of a turn right, step forward on R (1) \*finishing your half shuffle, end facing 9.  
2&3-4           Rock L forward (2) recover weight onto R (&) step back on L (3) step back R (4)  
5-6-7           Making a  $\frac{1}{4}$  turn right, step L behind R (5) Making a  $\frac{1}{4}$  turn right, step forward R (6) step forward L (7)  
&8              Step R out to right side (&) Step L out to left side (8)  
**\*End facing 3**

**TAG (16 counts).**

**[1-8] Switch R&L&R touch, switch L&R&L touch.**

1&2              Touch R out to right side (1) Step R next to L (&) touch L out to left side (2)  
&3-4              Step L next to R (&) big step R out to right side, dragging L up to R (3) touch L next to R (4)  
5&6              Touch L out to left side (5) step L next to R (&) touch R out to right side (6)  
&7-8              Step R next to L (&) big step L out to left side, dragging R up to L (7) touch R next to L (8)

**[9-16] R cross rock & L cross rock,  $\frac{1}{2}$ ,  $\frac{1}{2}$ , L sailor step**

1-2              Cross rock R over L (1) recover weight onto L (2)  
&3-4              Step R to right side (&) Cross rock L over R (3) recover weight onto R (4)  
5-6              Making a  $\frac{1}{2}$  turn over left, step back on L (5) making a  $\frac{1}{2}$  turn over left, step back on R (6)

7&8

Step L behind R (&) step R to right side (&) step L to left side (8)

**\*\*on the second tag that faces 9, add the following 4 counts to the end of the tag\*\***

- The following counts happen after the sailor step-Making a  $\frac{3}{4}$  turn right, walk round R (1), L (2), R (3), L (4)
- You should end facing the back wall, ready to start the dance again.

End of dance, Smile and enjoy ☐

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