Sunshine Cha (陽光喳喳)



拍数: 32 墙数: 4 级数: High Beginner

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音乐: You Are My Sunshine - Alan O'Bryant: (Edit 2'57")



Introduction – 16 counts

#1 L STEP OVER R, RECOVER, STEP SIDE, CROSS SHUFFLE, SWAY L R

1-2-3 LF step over RF, recover on RF, LF step to L

4&5-6-7 RF step over LF, LF step to L, RF step over LF, LF step to L, recover on RF

#2 CROSS SHUFFLE, ½ TURN L, CROSS SHUFFLE, SWAY L R

8&1-2-3 LF step over RF, RF step to R, LF step over RF, turning ¼ L RF step back, turning ¼ L LF

step to L

4&5-6-7 RF step over LF, LF step to L, RF step over LF, LF step to L, recover on RF, facing 6:00

#3 SAMBA, STEP POINT, HIP BOMB, ROCK BACK

8&1-2-3 LF step over RF, RF step to R, LF step to L, RF step fwd, turning ¼ R LF point to L

4&5-6-7 Step LF to L, recover on RF, recover on LF, step RF behind LF, recover on LF, facing 9:00

#4 SIDE SHUFFLE, SAMBA, SHUFFLE FWD, ROCK FWD, SWAY L F

8&1-2&3 RF step to R, LF close to RF, RF step to R, LF step over RF, RF step to R, LF step to L

4&5-6-7 RF step fwd, LF close to RF, RF step fwd, LF rock fwd, recover on RF

8& LF step to L, recover on RF

REPEAT THE DANCE

Enjoy

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