Good Things Are Coming



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Jean-Pierre Madge (CH) & Jannie Tofte Stoian (DK) - April 2024

音乐: Good Things - Anna Graceman: (iTunes)



Intro: 16 counts (app. 8 seconds into track)

Restarts: 2 restarts. On wall 4 after 8 counts and wall 7 after 24 counts with a small step change.

[1-8] Rock recover sweep, Behind side cross, Chassé ¼ L, Pivot ½ L

1-2 Rock R fw (1), recover onto L sweeping R from front to back (2) 12:00

3&4 Cross R behind L (3), step L to L (&), cross R over L (4) 12:00

Step L to L side (5), step R next to L (&), turn 1/4 L stepping L fw (6) 09:00

7-8 Step R fw (7), turn ½ L stepping onto L (8) 03:00

Restart here on wall 4 – facing 12:00.

[9-16] 1/4 L slide, Behind side cross, Sassy walk around 1/2 R

Turn ¼ L stepping R a big step to R side (1), slide L toward R (2) 12:00 3&4 Cross L behind R (3), step R to R side (&), cross L over R (4) 12:00

5-7 Turn ½ R walking in a semi-circle R (5), L (6), stomp R fw (7) – put some sass into the walks. Note: on wall 5 there's a small step change. Rather than doing the walk around, you turn ½ R stepping onto R on count 5, R hand goes forward palm facing out in a "STOP" motion. Hold counts 6-7. 06:00

&8& Hold – or shimmy shoulders to the beat (&8&) 06:00

[17-24] Dorothy L, Dorothy R 1/4 R, Pivot 1/2 R, Prissy Walks

1-2& Step L diagonally fw (1), lock R behind L (2), step L diagonally fw (&) 06:00

3-4& Turn ¼ R stepping R diagonally fw (3), lock L behind R (4), step R diagonally fw (&) 09:00

5-6 Step L fw (5), turn ½ R stepping onto R (6) 03:00

7-8 Prissy walks L (7), R (8) – lots of attitude on the walks 03:00 Restart here on wall 7. Change the 2 prissy walks to a L shuffle fw – facing 09:00.

[25-32] L mambo step, R coaster cross, Step hip roll, Swivel R heel toe hitch

1&2 Rock L fw (1), recover onto R (&), step L back (2) 03:00
3&4 Step R back (3), step L next to R (&), cross R over L (4) 03:00

5-7 Step L to L side and begin rolling your hips back and counterclockwise (5), continue rolling

hips ending with weight on L (6-7) 03:00

&8& Swivel R heel toward L (&), swivel R toe toward L (8), hitch R (&) 03:00

Ending - wall 11

Do the first 6 counts of the dance, then add:

Step R fw (7), turn 1/4 L stepping onto L (8), step R fw (1)

Have fun!