Breakfast of Champions



拍数: 32 墙数: 4 级数: Improver / Intermediate

编舞者: Christopher Gonzalez (USA) - July 2022

音乐: Breakfast - Dove Cameron

together (&) 9:00



| [1-8] Connected R-L Lock Steps, L Hitches x2, R Back Hitches x2, "And Touch Turn Point," R Ball 12:00 | | |
|---|--|--|
| 1&2& | Step R forward (1), lock L behind R (&), step R forward (2), step L forward (&) 12:00 | |
| 3&4 | Lock R behind L and hitch L (3), step L in place (&), lock R behind L and hitch L from front to back (4) 12:00 | |
| 5&6& | Step L back and hitch R (5), step R in place (&), step L back and hitch R (6), step R together (&) 12:00 | |
| 7&8& | Touch L together (7), turn 1/4 L and step L to side (&), touch/point R to side (8), ball R | |

[9-16] Cross And Close w/ Slight Turn, Prissy Walks w/ Slight Turn, Connected R-L Mambo Steps, R Brush-Hitch 6:00

| 1&2 | Step L across (1), turn 1/8 L and step R slightly back (&), close L together (2) 7:30 |
|------|--|
| 3, 4 | Turn 1/8 L and step R across and forward (3), step L across and forward (4) 6:00 |
| 5&6& | Rock R forward (5), recover L (&), step R back (6), rock L back (&) 6:00 |
| 7&8& | Recover R (7), step L forward (&), brush R (8), hitch R from front to back preparing to rock R |
| | (&) 6:00 |

[17-24] Connected R-L Rock-Recover-Cross, Back-Touch x3, Side-Together-Turn 1/4 L 3:00

| 1&2& | Rock R to side (1), recover L (traveling slightly back) (&), step R across (2), rock L to side (&) 6:00 |
|------|--|
| 3&4& | Recover R (traveling slightly back) (3), step L across (&), step R back to R diagonal (4), touch L together (&) 6:00 |
| 5&6& | Step L back to L diagonal (5), touch R together (&), step R back to R diagonal (6), touch L together (&) 6:00 |
| 7&8 | Step L to side (7), step R together (&), turn 1/4 L and step L forward (8) 3:00 |

[25-32] Step w/ Bumps x3, Turn w/ Bumps x3, Step-Turn-Cross, Bump-Bump-Turn 3:00

and shift weight L (2) 9:00

| 1&2 | Step R forward and bump R hip up and forward (1), bump L hip back (&), turn 1/4 L and bump hip R down (2) 12:00 |
|-----|---|
| 3&4 | Turn 1/8 L and bump L hip up and forward (3), bump R hip back (&), turn 1/8 L and bump L hip forward (4) 9:00 |
| 5&6 | Step R forward (5), turn 1/4 L and step L in place (&), step R across (6) 6:00 |
| 7&8 | Bump L to side (7), bump R to side (&), turn 1/4 R and bump L hip back (weight ends L) (8) : Ending, add two counts: turn 1/4 L and bump R hip to side (1), turn 1/4 L to face front wall |