

Safe Sound

拍数: 32 墙数: 4 级数: Advanced
编舞者: Hiroko Carlsson (AUS) - April 2024
音乐: Safe & Sound - Chany Dakota : (Spotify/YouTube Music/Deezer/Apple Music)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Intro: 16 counts)

[S1] Touch Back-Fwd-Back, Hitch 1/2R-&, Touch Back-Fwd-Back, Hitch 1/2L

1 2 3 Touch R back, Touch R forward, Touch R back
4& Hitch R knee and make a swift ½ turn right on a ball of L foot (6:00), Step R next to L
5 6 7 Touch L back, Touch L forward, Touch L back
8 Hitch L knee and make a swift ½ turn left on a ball of R foot (12:00)

[S2] Touch Back-1/4L, Rock Behind-Side, Modified Apple Jack

1 2 Touch back on L, Make a ¼ turn left on R foot (9:00)
3&4 Quick rock L behind R, Replace weight on R, Step L to the side
&5 6 Apple jack R toe R and L heel in (&), Back to centre (5), Hold (6)
&7 Apple jack L to L and R heel in (&), Back to centre (7)
&8 Apple jack R toe R and L heel in (&), Back to centre weight ends on R (8)

[S3] Behind, 1/4R Shuffle Fwd, Paddle R-Fwd, Hold-Paddle L-Pivot 1/2L-Fwd

1 Step L behind R
2&3 Making a ¼ turn right shuffle forward on R-L-R (12:00)
4&5 Step forward on L, Make a ¼ turn right recover weight on R (3:00), Step forward on L
6 Hold
&7 Step forward on R, Make a ¼ turn left recover weight on L (12:00)
&8& Step forward on R, Make a ¼ turn left recover weight on L (6:00), Step forward on R

[S4] Side Rock-&-Side Rock-&, Touch Front-Side, Step-Pivot 3/4R-Back

1 2& Rock L to the side, Replace weight on R, Step L next to R
3 4& Rock R to the side, Replace weight on L, Step R next to L
5 6 Touch forward on L, Touch L to the side
7 8& Step forward on L, Make a ¾ turn right recover weight on R (3:00), Step back on L

No tags or restarts

Ending suggestion: The last wall begins facing 12:00. Dance towards the end (S4 count 5-6 facing 6:00).
Step: Pivot 1/2 to the right, facing the front.

(updated: 10/Apr/24)