

EZ Cha

拍数: 32 墙数: 4 级数: Beginner
编舞者: Cassey Rowe (UK) - April 2023
音乐: Havana (feat. Young Thug) - Camila Cabello
或: Rather Be Us - Tyler Rich
或: Shape of You - Ed Sheeran
或: The Kind of Love We Make - Luke Combs
或: Big Blue Note - Toby Keith
或: Dance With Me - Debelah Morgan



Intro: 16 FTS

S1: FWD ROCK, SHUFFLE ON SPOT, BACK ROCK, SHUFFLE ON SPOT

1,2 R step fwd weight on R, recover weight onto L
3&4 R step next to L, L step next to R, R step next to L
5,6 L step back weight on L, recover weight onto R
7&8 L step next to R, R step next to L, L step next to R

S2: CROSS ROCK, SHUFFLE ON SPOT, CROSS ROCK, SHUFFLE ON SPOT

1,2 R cross over L weight on R, recover weight onto L
3&4 R step next to L, L step next to R, R step next to L
5,6 L cross over R weight on L, recover weight onto R
7&8 L step next to R, R step next to L, L step next to R

S3: FWD ROCK, SHUFFLE, BACK ROCK, SHUFFLE

1,2 R step fwd weight on R, recover weight onto L
3&4 R step back, L step next to R, R step back
5,6 L step back weight on L, recover weight onto R
7&8 L step fwd, R step next to L, L step fwd

S4: JAZZ BOX, JAZZ BOX 1/4

1,2,3,4 R cross over L, L step back, R step to R side, L step next to R
5,6,7,8 R cross over L, L step back 1/8 R, R step to R side 1/8 R, L step next to R (3:00)

Last Update: 11 Apr 2024